



## AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

### Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.



## Highlights of the Week

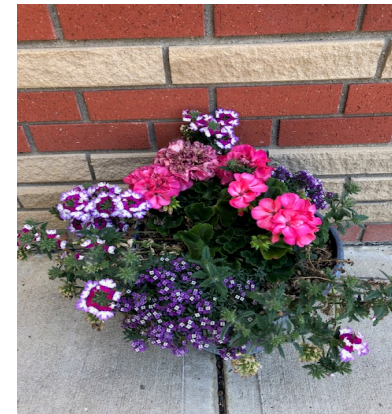
### **Ping Pong Basketball**

Residents have been enjoying all of the new games that have been added this summer. Ping Pong basketball always gets the crowd roaring, and is a great way to win some tasty snacks!



### **Garden Walks and Patio Visits**

Most days recreation plans a time to take residents out for garden walks, and with the heat these last couple of weeks, garden walks often turn into a bit of an outside coffee row, complete with water and lemonade to keep everyone hydrated. Residents enjoy touring the property, and taking a break under the awning or umbrellas to enjoy each other's company.





## Safe Visitation

AgeCare's Safe Visitation policy allows resident and visitors to remain socially and emotionally connected while staying safe and healthy. All visitors must understand the [risk of unknown exposure to COVID-19](#) for themselves and residents and assess their health before visits. Visitors must provide their name and contact information, and follow safe visiting practices, which include receiving a health assessment screening, having their temperature taken, completing proper hand hygiene, and bringing and wearing a mask.

### Indoor Visits

To reserve a time-slot, call Reception at 403-362-6188. [View Guide \(PDF\)](#)

### Outdoor Visits

To reserve a time-slot, call Reception at 403-362-6188. [View Guide \(PDF\)](#)

### Virtual Visits

To schedule a session, call Recreation at 403-362-6188. [View Guide \(PDF\)](#)

### Facebook

Keep your eye out for updates on our Facebook page [@AgeCareOrchardManor](#).