

AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unpresented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with <u>highlights of the week</u>.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.



Highlights of the Week

Changes in Recreation

Carrie has had to leave unexpectedly, and while we wish her all of the best, this means that other team members will be supporting with recreation activities. We thank all of the families for their continued patience during this time as we work to get everything back to normal as soon as possible.

Canada Day

With Canada Day falling mid-week this year, things were a little bit different. We were once again visited by Glenda Peeters and her group of horse enthusiasts for a horse parade through town. Residents were excited to see the horses and riders visit again. This is always a highlight for residents and staff.





Church Services Returning

Janet has been working hard with our local churches to try to get services available for our residents. This week she has confirmed that online services will be available on Wednesday evenings, starting on July 6. Next week our first service will be from Spirit of Grace, and residents are looking forward to services resuming.

These services will be held in our main floor dining room on the television at this time. We are all looking forward to the days of in-person services again, but for now, this is a welcome addition to our week.





Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page @AgeCareOrchardManor (https://www.facebook.com/agecareorchardmanor/).

AgeCare Orchard Manor offers 36 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our recreation department at omrecreation@agecare.ca or (403) 362-6188 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, <u>click here</u>.