



AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

Birthday Bash

On Monday residents enjoyed some cake and refreshments to celebrate all of our July birthdays. Janet worked hard to ensure that as many as possible could take part, and who could resist cake and ice cream on a hot day?



Musical Riddles

Once a month we are all lucky enough to listen to Janet and the residents play musical riddles. Janet will hum the chorus of a song, and residents guess what the song is. When it is something that everyone likes, Janet is always prepared and willing to sing the song, and encourages residents to join in. There is just something about listening to someone sing that makes everyone smile.





Safe Visitation

AgeCare's Safe Visitation policy allows resident and visitors to remain socially and emotionally connected while staying safe and healthy. All visitors must understand the [risk of unknown exposure to COVID-19](#) for themselves and residents and assess their health before visits. Visitors must provide their name and contact information, and follow safe visiting practices, which include receiving a health assessment screening, having their temperature taken, completing proper hand hygiene, and bringing and wearing a mask.

Indoor Visits

To reserve a time-slot, call our office at 403-362-6188. [View Guide \(PDF\)](#)

Outdoor Visits

To reserve a time-slot, call our office at 403-362-6188. [View Guide \(PDF\)](#)

Virtual Visits

To schedule a session, call Recreation at 403-362-6188. [View Guide \(PDF\)](#)

Facebook

Keep your eye out for updates on our Facebook page [@AgeCareOrchardManor](#).