



AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

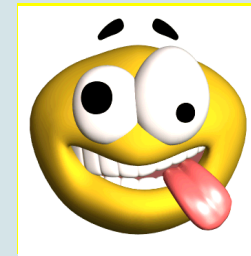
AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

Trying New Things!

Recreation has been experimenting with new games and activities that are both engaging and safe for the residents. This week Janet and Carrie have introduced a few new games, and are glad to have the residents coming down to take part. Our weekly Keno night has also been a great success, with many residents attending.



Father's Day

On Friday we celebrated all of the Dad's in our lives with ice cream. Carrie spent her afternoon delivering ice cream to residents, and everyone enjoyed the treats. On Sunday the kitchen served a great meal of Chinese food, finished off with a Father's Day Brownie. We hope that all of our Father's had a great day.



Orchard Manor, How Does Your Garden Grow?

Our residents have been busy caring for the many flower beds and garden around our grounds, and their hard work is paying off! We have beautiful pops of color all around the building, and some great herbs bringing wonderful scents. Thanks to all that are helping them to thrive, all of the residents and staff love seeing these grow and thrive every day.





Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCareOrchardManor](https://www.facebook.com/agecareorchardmanor/) (<https://www.facebook.com/agecareorchardmanor/>).

AgeCare Orchard Manor offers 36 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our recreation department at omrecreation@agecare.ca or 403-362-6188 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, [click here](#).