



AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

KENO!

While many of the “old regular” games are tough with the new health regulations, Keno has been a weekly event. Janet always has a great cart full of tasty prizes, and she loves engaging with the group.



Church Services

Last week we enjoyed our first church service for a few months, and residents were glad to have it back, even on TV. We continue to offer a service every Wednesday Evening, each week from a different church. We are very thankful for our network of worship, as they work hard to get their message to our residents.



X's and O's Trivia

Residents enjoyed a fun team trivia game this week. Residents divided into 2 teams and used trivia questions to determine which team got to place their marker. The residents enjoyed the friendly competition and we enjoyed hearing their enthusiastic answers.



Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCareOrchardManor](https://www.facebook.com/agecareorchardmanor/) (<https://www.facebook.com/agecareorchardmanor/>).

AgeCare Orchard Manor offers 36 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our recreation department at omrecreation@agecare.ca or (403) 362-6188 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, [click here](#).