



AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with [highlights of the week](#).

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.



Highlights of the Week

Changes in Recreation

Janet has done a wonderful job at stepping up to fill in for recreation when she can. Her high energy and constant enthusiasm brings so much joy to our residents. Keep up the great work, Janet!



Church Service

Our Wednesday evening church services have resumed once again with success. The service was a bit different as it was virtual but nonetheless still full of Spirit and greatness. The residents thoroughly enjoyed their evening and are grateful the church services have returned.



Word Searches

Do you want to do a word search or two? Recreation can help you with that! We have a variety of word searches that we can deliver to your room. Please let us know if you're interested by speaking to any recreation team member.



Garden Walks

We are thankful that the sun decided to shine for both our garden walks that took place this week. Residents enjoy caring for the flowers on a daily basis so we can in turn appreciate the beauty while on our walks. The sun shining, a breath of fresh air and some good company....what more could we ask for?





Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCareOrchardManor](https://www.facebook.com/agecareorchardmanor/) (<https://www.facebook.com/agecareorchardmanor/>).

AgeCare Orchard Manor offers 36 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our recreation department at omrecreation@agecare.ca or (403) 362-6188 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, [click here](#).