



AgeCare Midnapore Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

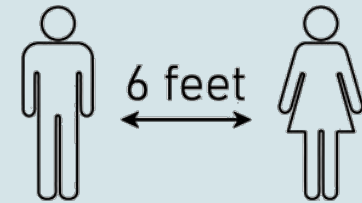
AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

New Time Slot for Outdoor Visits

The weather is warming, which means we can add a new time slot for our outdoor visits. The morning visit times will now be 9:45, 10:30, 11:15. The afternoon 1:15, 2:00, and 3:15. Hopefully this will alleviate some of the back up and wait times we have for outdoor visits with their loved ones.



Entertainment

Due to poor weather, we had to cancel our Tuesday June 30th entertainment and move to Friday July 3rd. We are trialling live entertainment in our West Side parking lot. This entertainment will be at 2:00pm. We must abide by the Medical Officer of Health's order of 15 in a group at 2 metres apart (guidelines are different for Long Term Care versus the public). We will be utilizing the balconies for residents in Heritage and Bridlewood as well as their windows to watch the entertainment.

We will have 15 residents from the rest of the neighbourhoods brought by our recreation staff. Residents will be invited to go outside and take turns each week to see our live band.



Vacation

The Recreation Manager, Tori White, will be off on vacation July 8-14th. Outdoor Visits and Virtual Visits will continue. Bookings for that week will be arranged and scheduled before for families and residents. Please email or leave a voicemail if you would like to book further outdoor visits or virtual visits. If you need immediate assistance, **not** related to outdoor visits or virtual visits please contact Tenzin (tleba@agecare.ca) or Alex (aboyne@agecare.ca) at 403-873-2635



Stampede Spirit

Although the Calgary Stampede is cancelled this year. We will keep the spirit alive by remembering the Calgary Stampede through various activities like listening to country music, reminiscing about our days at the stampede, and shouting “yahoo” everyday!

Join us July 6-10 for a boot kicking good time.





Using Technology to Connect with Loved Ones

We have been busy connecting residents with their loved ones via Facebook Messenger, FaceTime, Google Duo and Skype. Both residents and family have expressed their enjoyment of connecting virtually during this challenging time. To make a request to connect with your loved one, contact Tori White, Recreation Manager, at 403-873-2612 or email twhite@agecare.ca

Outdoor Patio Visits

We have been facilitating courtyard visits since May 05th as per the order from the Medical Officer of Health (MOH) with huge demand and success! The majority of our visits take place Monday – Friday on top of the hours of 9:45, 10:30, 11:15, 1:15, 2:00, and 3:15. To make a request for a outdoor courtyard visit and/or to know more about our specific guidelines contact Tori White, Recreation Manager, at 403-873-2612 or email twhite@agecare.ca



Staying Connected with Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCare](https://www.facebook.com/agecare/) (<https://www.facebook.com/agecare/>).

AgeCare Midnapore offers 125 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact Tori White, Recreation Manager, at 403-873-2612 or email twhite@agecare.ca to sign-up for a session with your loved one. Tori will be away from her desk July 8 to 14th and will return your emails and voicemails promptly after.

For instructions on how to use technology for our virtual visits, [click here](#).