



AgeCare Glenmore Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

Upcoming Canada Day Celebrations

With Canada Day coming up on Wednesday, we are looking forward to celebrating our nation's birthday over the next week. We have decorated the atrium with flags and other décor and are looking forward to other ways we can celebrate. Thanks to the Calgary Canada Day Committee we will be receiving additional decorations, performances of the Calgary Fiddlers on DVD, and Celebrate Canada cakes made by Glamorgan Bakery. With this delivery expected early next week, we will be playing the Calgary Fiddlers DVD performance throughout the building on the various units for our residents to enjoy. The cakes will make a delicious dessert for the residents at mealtime! Thank you so much to the Calgary Canada Day Committee for finding a way to still celebrate with our residents.

The statutory holiday on July 1st means that outdoor visits and digital or phone visits normally held on a Wednesday will be disrupted. Please reach out if you would like to reschedule your visit for that day.



Bridge Program Resumes

Over the next few weeks, we look forward to resuming some small group programs. As appropriate spacing and distancing allow, we will be able to return to some of the programs our residents previously enjoyed so much. Our Wednesday morning bridge group has been able to resume their game and will now continue as able each week.

Stay tuned for other updates for programs resuming as we determine which programs we can adapt to meet current precautions and distancing requirements.



Outdoor Visits

Our outdoor visit schedule has continued over the last week. Additionally, new visits on the Bayview neighbourhood have begun on Monday, Wednesday and Friday afternoons. With resources changing, we now have HCA's to support the recreation team in this role. As with everthing rules are changing constantly so please ensure you are reading all signage to be updated. We have been facilitating outdoor visits per the order from the Medical Officer of Health (MOH) and must abide by the provided guidelines. To make a request for a outdoor visit and/or to know more about our specific guidelines contact Chris Bannatyne, Recreation Manager, at 403-640-8741 or email cbannatyne@agecare.ca

Keep in mind, that visits normally scheduled on Wednesday will be cancelled on July 1st as Recreation staff are not scheduled on statutory holidays. If you would like to reschedule your visit for that week, please reach out as additional spaces may be limited. Weekly visits for Wednesday will resume as usual on Wednesday, July 8th.



Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCare](https://www.facebook.com/agecare/) (<https://www.facebook.com/agecare/>).

AgeCare Glenmore offers limited outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our Recreation Manager Chris Bannatyne at 403-640-8741 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, [click here](#).