

ACTIVITIES LIST

STANDARD ACTIVITIES COVERED, STRICTLY SUBJECT TO SUITABLE QUALIFICATIONS HELD.

Class 1

Angel Healing	Reiki Healing
Angelic Reiki	Reiki Master
Block Clearance Therapy	Sound Healing
Healing	Theta Healing

Class 2

Acupressure	Indian Head Massage	
Advanced Sound-Wave Energy Therapy	Integrated Energy Therapy	
Alexander Technique	Integrative Medicine	
Allergy Testing	Iridology	
Angel Therapy	Kinesiology	
Animal Essential Oil Therapy	Kinesis Myofascial Integration	
Animal Therapy	Kinetic Energy	
Aromatherapy	Kirlian / Bio Electrographic	
Art Therapy	Life Coaching	
Astrology	Light Touch Therapy	
Aura-Soma	Lightning Process	
Auricular Therapy (Non-invasive, without needles)	Magnet Therapy	
Autogenic Therapy	Mahayana Chi	
Baby Massage Instructor	Manual Lymph Drainage Category 1 & 2	
Baby Yoga Instructor	Massage (including deep tissue)	
Bach Remedies	Meditation & Psychic Awareness	
Bi Aura	Meditation & Mind Instruction	
Bioresonance	Mediumship	
Bio Energy Therapy	Metamorphic Technique	
Bio Kinetics	Ministers, Officiants, Intuitives and Mediums	
Bio Magnetic Therapy	Music Therapy	
Body Harmony	Naturopathy (Live blood analysis Class 3)	
Bowen	Neuro Linguistic Programming	
Breathing Therapy / Breathing Massage	Neuroflexology	
Chi Kung	Nutrition Therapy	
Clinical Hypnotherapy	Phytobiophysics	
Cognitive Therapy	Pilates (including Gyrotonics)	
Colour Therapy	Polarity Therapy	
Counselling	Provocative Therapy	
Cranio Sacral Therapy	Psychology	
Creative Writing	Psychotherapy (including Jungian Analysts)	
Crystal Therapy	Psych-K	
DORN Method	Psychosexual Counselling	
Dowsing for Stress Release	Qi Gong	
Dream Analysis	Radionics	
Educational Kinesiology	Reflexology	
Electro Acupressure	Reflex Zone Therapy	
Electro Crystal Therapy / Electro Gem Therapy	Reichian Therapy	
EMDR	Relaxation Therapy	
Em Power Therapy	Remedial Therapy	
Emo Trance	Rhythmical Massage Therapy	
Emotional Freedom	Sexual and Marital Therapy	
Energy Balancing	Sexual Psychology	
Energy Field Therapy	Shamanism	
Energy Interference Patterning	Shiatsu	
Enneagram	Sociology	
Equine Assisted Psychotherapy	Spiritual Psychotherapy	
Feldenkrais Method	Sports Massage	
Flower Essences	Sports Injury Therapy	
Health & Personal Development	Tai Chi (Non-Combat)	
Herbalism	Tarot/Card Readings	Endorsement Applies
Holistic Retuning	Thought Field Therapy	
Holographic Re-patterning	Time Line Therapy	

Homoeopathy	Touch for Health
Hopi Ear Candling	Vibrational Medicine
Human Givens	Visualisation
Hydrotherapy	Vitamin & Mineral Therapy
Hypnobirthing	Yoga
Hypnotherapy	Zoopharmacognosy

Class 3

5 Rhythms Dance and Movement	Manual Lymph Drainage Category 3
Acupuncture	Rhythmic Movement
Asyra System	Mobilisation
Auricular Acupuncture	Movement Therapy
Beauty Therapy – standard beauty treatments	Moxibustion/Cupping
Carers/Support Workers	MSAS Professional
Chi Machine	Neuro-Developmental Therapy
Doula	NES (Nutri-Energetics Systems) and Infoceuticals
Drama Therapy	Nutritional Advice & Cookery Demonstrations/Classes
Dry Needling	Phlebotomy
Electro Acupuncture (no needles)	Play Therapy
Electro Magnetic Acupuncture	Quantum QXCI Machine
Electro-Stimulation Therapy	Rolfing
Electrotherapy	Scenar Therapy
Finger Tip Blood Testing	Spinal Touch
Flotation	Thai Massage
Galvanic Skin Therapy	Ultrasound
Live Blood Microscopy	Vega Testing
Low Level Laser Therapy	

Class 4

Derma Needling	Endorsement Applies	Neuromuscular Therapy
Homotoxicology		Physiotherapy - Must be HCPC Registered
Microdermabrasion - Must be Beauty qualified Level 3		Spinal Therapy
Micro Needling	Endorsement Applies	Tui Na inc. Manipulation & Herbal Therapies

Class 5

Animal Manual Therapy	Homeopathic Mesotherapy (Must be qualified in Homeopathy)
Chiropody/Podiatry – Must be HCPC Registered	Manipulative Therapy exc. HVT & Cervical Spinal Manipulation
Colonic Irrigation	Visceral Therapy
Foot Health Practitioner	

Class 6

Oxidative Stress Testing	
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Class 7

Manipulative Therapy inc. HVT & Cervical Spinal Manipulation	
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Class 8

Laser Skin Rejuvenation - Must be Beauty qualified Level 3	Microblading - Must be Beauty qualified Level 3
Endorsement Applies	
	Micropigmentation – Must be Beauty qualified Level 3

*Cover for IPL: Must be Beauty qualified Level 3 - **Endorsement Applies**

STUDENT COVER

Provides cover for case studies and other work performed prior to gaining your qualification. The conditions of cover are as follows: Ongoing case consultation with your tutor, clients must be told that you are not qualified, you cannot practice outside the scope of what you have been taught and any charges/expenses made must be less than a qualified therapist. Please note that any activity above class 4 will be charged at a higher premium than the student rate. Please contact Balens for a quotation.