

Meet Caregiver Nation

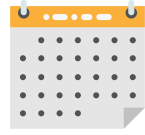
The committed individuals who step up to care for their loved ones.

WHO THEY ARE

53 million provide **23.7 hours** of care each week

36%

are very stressed or at their breaking point



on average, spend 4 years in this role



56% work full-time

THE VALUE THEY BRING

\$470 billion

total estimated value of unpaid caregiver services

Family caregiver involvement results in:

↓ **30%**

reduction in ER visits



↓ **50%**

lower hospitalizations



80%

of the total economic value of community-based long-term services and supports (LTSS) for older adults is produced by caregivers

THE WORK THEY DO

The role of family caregiving has expanded to include performing medical and nursing tasks of the kind and complexity once provided only in hospitals.

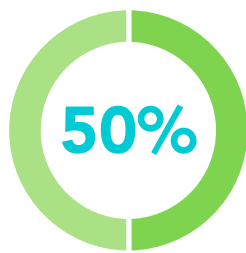
82%

manage medications, IVs and injections



50%

serve as care coordinators



48%

prepare food for special diets



37%

assist with wound care



WHAT THEY NEED

58%

need the support of family and friends



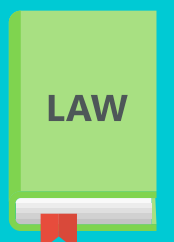
40%

want information, education and training



51%

want legal guidance/advice (e.g. power of attorney)



67%

want to learn about self-care

65%

want respite (e.g. need a break)

73%

want to learn more about caregiving resources in their local community

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