



HOW TYPE A ARE YOU?

Casual about appointments	1	2	3	4	5	6	7	8	9	10	11	Never late
Not Competitive	1	2	3	4	5	6	7	8	9	10	11	Very competitive
Good listener	1	2	3	4	5	6	7	8	9	10	11	Anticipate what others say
Never feel rushed (even under pressure)	1	2	3	4	5	6	7	8	9	10	11	Always rushed
Can wait patiently	1	2	3	4	5	6	7	8	9	10	11	Impatient waiting
Slow, deliberate thinker	1	2	3	4	5	6	7	8	9	10	11	Emphatic in speech
Take things one at a time	1	2	3	4	5	6	7	8	9	10	11	Multi-task, what's next?
Satisfy myself no matter what others think	1	2	3	4	5	6	7	8	9	10	11	Want recognition from others
Slow doing things	1	2	3	4	5	6	7	8	9	10	11	Fast eating, walking
Easy going	1	2	3	4	5	6	7	8	9	10	11	Hard driving
Express feelings	1	2	3	4	5	6	7	8	9	10	11	Hide feelings
Many outside interests	1	2	3	4	5	6	7	8	9	10	11	Few outside interests
Unambitious	1	2	3	4	5	6	7	8	9	10	11	Ambitious
Casual	1	2	3	4	5	6	7	8	9	10	11	Get it done!

TOTAL _____