



Albuquerque Rescue Mission Becomes Steelbridge

We were thrilled when Albuquerque Rescue Mission (ABQ Rescue Mission) selected R&R to help expand its residential programs in downtown Albuquerque last summer.

Since 1954, ABQ Rescue Mission has been there for the homeless and needy, providing food and shelter. The expansion reflects their response to changing needs, almost tripling their capacity for housing men and women.

Though the name has changed, the mission remains the same: "Transforming lives through the power of God's love," and building bridges in our community. ABQ Rescue Mission recently opened Steelbridge Resource Center just north of downtown (2021 Second Street NW) for emergency services for the public, and are now collaborating with "The Rock" (formerly Noonday Shelter) to provide meals for the homeless and those suffering from food insecurity. Today, there is room at Steelbridge for 72 men and 26 women in the New Life Program for men and Women's Center of Hope.

Our team of Bob Peterson, Byron Hodges, and Yves Ramirez are proud to have had a hand in this great work for the community. If you'd like to know more, contact Steelbridge at 505-346- HOPE (4673) or at www.mysteelbridge.org.



When people hear "Cryogenics," most think of people frozen for space travel or until a cure is found. It's not that way at all. The UNM lab is a research facility, housing the third largest collection of frozen extinct organisms in the United States.

R&R Awarded UNM Cryogenics Project

We are pleased to be working again with Maria Probasco at the University of New Mexico. R&R will be renovating the UNM Cryogenics Lab, preparing for a logistically difficult move of existing freezers (without any power interruptions) to an expanded space and the installation of new Cryogenic tanks (big thermos bottles), as well as a liquid nitrogen generator.

This lab houses one of the largest collections of frozen extinct organisms in the United States and is an important resource, both nationally and for the university.

This isn't the first technically and logistically challenging project for UNM we've done with Maria and Bob Notary. We also installed boilers, piping, and a steam turbine generator for their team, and fast-tracked a renovation of Hokona Hall, a 183-room dormitory. We're proud the university feels they can depend on our team for challenging projects like this one.



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Safety Meeting Pointers

Regular safety meetings demonstrate the importance you and your organization place on safety. But to work, safety meetings have to address real issues and tackle them seriously. Here are some pointers:

- **Be short and specific.** Employees will have an easier time remembering two or three specific ideas rather than a dozen or more. Pick a theme for the meeting—lifting, for instance, or computer ergonomics—and cover that.
- **Ask questions.** This is your best opportunity to find out what works and what doesn't from the people who deal with safety issues every day. Ask for their input and feedback on how their jobs can be made safer.
- **Answer questions.** Always allocate time on your agenda for discussion and Q&A. If you don't have an answer, say so—but then find out and communicate your commitment to safety.
- **Provide a handout.** Always give team members something to take away with them. Even a one-page list of reminders they can post and refer to will help anchor your safety message in employees' minds.

Test Your Ethics

Decisions about ethics (what's the right thing to do when the situation isn't clear) are the toughest ones you'll face on the job. Ask these questions to find the right path:

- **What are the facts?** Make sure you know what's going on, who will be affected by the decision, and what you don't or can't know.
- **What are your options?** Consider several different solutions, weighing the consequences of each before choosing one.
- **Is it legal?** If the answer is no, find a different solution. Even if the answer is yes, continue investigating. Just because you can do X doesn't mean you should.
- **Can you justify it?** Imagine explaining your decision and the reasons behind it to a stranger. Would you be proud of what you did, or ashamed?

Punctuation Is Powerful

Maria Feodorovna, the wife of Tsar Alexander III of Russia, was known for her charitable works. According to one story, she once saved a condemned man from exile in Siberia by moving a single comma in the warrant signed by her husband.

The original document read: "Pardon impossible, to be sent to Siberia." The Empress moved the comma so the warrant read: "Pardon, impossible to be sent to Siberia." The man was saved and released.

What was the original purpose of the Leaning Tower of Pisa?

Structured Trivia

- 1) Sydney harbor bridge is an example of which kind of bridge construction?
 - a) cantilever
 - b) arch
 - c) box girder
 - d) suspension
- 2) What did the Romans build at Ostia, Boulogne, Ravenna and Dover?
 - a) temples
 - b) markets
 - c) lighthouses
 - d) walls
- 3) Which famous French engineer provided the iron skeleton for the Statue of Liberty which stands in New York harbor?
 - a) Gustave Eiffel
 - b) André Citroën
 - c) Pierre Henri Hugoniot
 - d) Henri de Dion
- 4) What was the original purpose of the Leaning Tower of Pisa?
 - a) a prison
 - b) a bell tower
 - c) a military lookout
 - d) a church

Answers: 1) b; 2) c; 3) a; 4) b

What's Happening at R&R?

- UNM Cryogenics Lab
Albuquerque, N.M.
- Millennium Transportation
Manufacturing
Roswell, N.M.
- El Cabo Wind Farm
Vaughn, N.M.
- Design Assist Warehouse Addition
and Renovation
Albuquerque, N.M.
- Wendy's Remodel
Deming, N.M.

Quotes of the Quarter

"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."

—Helen Keller

"We must accept finite disappointment, but never lose infinite hope."

—Martin Luther King, Jr.



10 Principles To Live By

1. Live each day with courage
2. Take pride in your work
3. Always finish what you start
4. Do what has to be done
5. Be tough, but fair
6. When you make a promise, keep it
7. Ride for the brand
8. Talk less and say more
9. Remember that some things are not for sale
10. Know where to draw the line

—Courtesy James P. Owen



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