

# 8<sup>th</sup> Annual Lifesharing Conference Program

The 2020 Lifesharing Conference is supported by the PA Department of Human Services, Office of Developmental Programs



Welcome to the 2020 Lifesharing Conference! We hope this year's educational sessions and exhibit hall provide you with valuable and useful information.

During this life changing year, Lifesharing's philosophy of providing homes and a family is more important than ever. We know many of you have faced and overcome daily challenges, and we recognize and applaud your strength. We hope what you learn over the next two days arms you for the challenges ahead.

Thank you for attending and enjoy the conference!

#### 2020 Conference Planning Committee

La'Tashia Gatling, Barber Institute – Conference Committee Co-Chair Carolyn Hess, Allegheny County Office of Developmental Supports Alison Karnish, Spectrum Community Services – Coalition Leadership Becky Kreischer, Keystone Human Services – Leadership/Awards Program Cheryl Nichols, Philadelphia Intellectual disAbility Services Rebecca Ndikwiki, Community & Residential Empowerment Services Amy Ricglane-Rush, Resources for Human Development Mary Rhodes, Skills Group – Leadership/Conference Committee Co-Treasurer Sarah Shaw, Skills Group – Leadership/Conference Committee Treasurer Katherine Wansley, Skills Group Sunday Zarko, Keystone Human Services

# **IMPORTANT INFORMATION**

# How to Log on to the Virtual Conference Platform

You will receive an email the week of October 19 with a link to log on to the virtual platform on October 26 and October 27. You will need to log on using the same email you used for registration; your email address can only be used once to log on to the virtual platform so do not share your email address with another person.

# **Moving Within the Virtual Conference Platform**

The virtual conference platform looks like a web site with tabs for "Agenda" and "Exhibitors." Click on the Agenda tab and there will be links for each of the sessions; the link will be live once the session begins. Once you are in a session, you can use the "Chat" function to type in questions for that presenter.

# Visit the Virtual Exhibit Hall

Click on "Exhibitors" to visit with our sponsors and exhibitors. Check the agenda for designated times to Chat with exhibitors in the virtual hall.

# **Enter the Photo Contest**

Take a photo with your goodie box or one or more of the items inside! Submit the photo to enter a random drawing for a gift card prize. Send your photo to Carolyn Hess at chess@alleghenycounty.us by Monday, October 26, 5 p.m.

# Who to Contact for Problems?

Questions or problems, contact Katrina Harris, contract meeting planner, at kharris@bridgeconsultingcorp.com or call/text 610.764.9120. Or, Carolyn Hess, conference planning committee, at chess@alleghenycounty.us or call 412.253.1597.

# **Evaluations/Certificates**

You will receive an evaluation survey by email after the conference. Please complete in order to receive your certificate of attendance.

M	londay, October 26, 2020
10:45 AM	Log on to virtual platform
11:00 AM	Opening Announcements
11:15 AM - Noon Keynote Presentation	The notions of loneliness and social isolation have been clearly identified as vexing issues in our culture today. We know that when people are rendered isolated, bad things can follow including adverse
Addressing Loneliness and Social Isolation: The Key to a Better Life	health issues, unhappiness/depression, challenges with life success, and even shortened life expectancy. We also know that marginalized groups, folks with disabilities, seniors, those in poverty, and other minorities are at greater risk of being lonely, isolated, or disconnected
Dr. Al Condeluci	This session will do a deep-dive into understanding social isolation. Not only will we look at the research and data related to this concept, but we will explore strategies, and actions that can be employed in addressing loneliness by having social capital principles work for the people in your community. We will examine ways and means to building more effective relationships and combat social isolation.
Noon - 12:30 PM	Break – Enjoy the Sounds of Colin Mekeel, Pianist
12:30 PM	Excellence in Lifesharing Awards Ceremony Kristen Aherns, PA DHS ODP Becky Kreischer, PA Lifesharing Coalition
1:00 PM - 1:45 PM	Concurrent Breakouts Followed by Q&A Submit your Questions through Chat
Session A	Nancy and Laurie will provide a basic understanding of various
I Want To Work, But Not Lose My Government Benefits Nancy McMillian & Laurie Zola Achieva	government programs such as SSI, SSDI, Medicare and Medicaid. Yow will gain knowledge of the impact of employment earnings on government benefits such as SSI, Medicaid, HUD and SNAP. You will also be informed of the various work incentive programs that are available through the Social Security Administration and Pennsylvania Department of Human Services. Find out where to go to receive employment benefits counseling for individual situations.
Session B Utilizing the Charting the LifeCourse Trajectory Lynn Pugliano,	Charting the LifeCourse Trajectory is a Person Centered tool that is flexible and can be used by anyone. Use it yourself or find someone that can help you explore, problem-solve, make decisions, or plan for the future. The tool will help you create a vision for your good life and provides space to explore the things going well in your life or the thing that are stopping you from reaching your good life.

Session C	
How to Understand and Work Positively with Original Families Dr. June Rice United Community Independence Program	Dr. Rice will provide key strategies for helping original families know that you will love and care for their children and help them understand that you can never take their place. You'll learn how important cooperative communication, visitation and boundaries are for working successfully with original families.
Session D Understanding LifesharingWho Would Benefit? Lindy Mishler, PA DHS, Office of Developmental Programs, Bureau of Supports for Autism and Special Populations	This training will include a basic overview of the Lifesharing residential model from the perspective of a provider agency who is currently supporting individuals in Lifesharing. Join us to learn foundational information about the features, benefits and the scope of Lifesharing and how you, as a provider, can consider Lifesharing for participants you are supporting.
1:45 PM- 2:00 PM	Break with Magic by David Hale
2:00 PM - 2:45 PM	Concurrent Breakouts Followed by Q&A Submit your Questions through Chat
Session E Understanding and Developing Emotional Intelligence John Amato, M.Ed. Family Links	Tune into the importance of emotional intelligence and interpersonal relationships in the workplace. Connecting with individuals and families, professionals and leaders, and lifesharing providers on a genuine level is a direct result of high emotional intelligence and leads to better working relationships. Find out how self-awareness, social awareness, self-management, and social skills influence the way people handle themselves and their relationships. Also, discover how these strengths play a bigger role than cognitive intelligence in determining success in life and in work.
Session F Overcoming Challenges Dr. Kerry Magro and Trey DelGrosso Moderator: Brad Sattin, Focus Media Services	Come hear how Kerry and Trey have achieved their goals by overcoming countless challenges placed in their path. Non-verbal at 2 and diagnosed with autism at 4, Kerry is an award-winning national speaker and best-selling author. Kerry received his doctorate in Educational Technology Leadership from New Jersey City University in May 2019. Kerry travels the country sharing his story and helping others to define their lives and their dreams in the best way they can. Trey is 14 and lives with high-functioning autism. To better relate to his peers in school, he created a computer presentation and speech about what it is like to live with autism and presented it to two sixth-grade classes. From there, he took his presentation to community groups and universities including local Boy Scout troups, 4H Club, and East Stroudsburg University. For thirty years, Brad has been telling stories to TV audiences across the country. He's been seen on ABC, CBS, Fox, and CNN. He's earned four Emmy awards and nearly two dozen nominations. One Philadelphia newspaper named him as among the best reporters in the city.

Session G	
Stress – What is it Doing to Us? Amy Weidner, RN Northumberland County Regional Nurse Central PA Health Care Quality Unit	This presentation will describe the difference between eustress and distress, as well as discuss the physical effects of stress on the major body systems. You'll learn the emotional/behavioral warning signs of stress. And most importantly, you'll learn stress management techniques.
Session H Trauma and Attachment Emily Burger Skills of Central PA	This presentation will explore the basics of how early attachment trauma can manifest in our lives as adults. Information will also be provided to interpret definitions and the types of trauma. You'll also gain valuable ideas of how to support those suffering from early attachment trauma.
2:45 PM- 3:00 PM	Closing Comments
3:00 PM- 5:00 PM	Dedicated Virtual Exhibit Hall Time: visit with our exhibitors and learn about new products and services

# **KEYNOTE SPEAKER BIOGRAPHIES**



**Al Condeluci, PhD** has been a leader in community building, human services and inclusive advocacy work for the past 50 years. Holding a PhD and MSW from the University of Pittsburgh, Dr. Condeluci has been the CEO of CLASS (Community Living and Support Services) a major nonprofit, community building organization in Pittsburgh, PA from 1973 to 2019. He holds faculty status at the University of Pittsburgh in the Schools of Social Work, and Health, Rehab Sciences and is author of 7 books including the acclaimed "Interdependence: The Route to Community" and "Social Capital:

The Key to Macro Change." In 2018, he received the "Key to the City of Pittsburgh," the highest civilian honor that can be given to a community member. He serves as a consultant, advisor, and human service coach and is on a number of nonprofit boards and government commissions on state, local and national levels. He helped found, and convenes the Interdependence Network, an international coalition of professionals, family members, and consumers interested in community engagement and macro change. He can be reached at www.alcondeluci.com, or @acondeluci on Twitter.



**David Hingsburger** began his career more than 40 years ago as a direct support professional, and since that time has always included direct support as part of his practice no matter the position he has held. He is a well-known consultant, author, trainer, speaker, and daily blogger in the disability field. He travels North America and the United Kingdom to train people with intellectual and developmental disabilities (I/DD) and the

people who support them to honor and teach self-determination, relationships, and healthy boundaries, as well as other workshops ranging from self-esteem, communication, spirituality, teasing and bullying, and making a community. Mr. Hingsburger designs and delivers abuse prevention workshops for those in care-giving roles as well as for children and adults with disabilities. He has authored more than 30 books, chapters and articles in both peer reviewed journals and in newspapers and on-line media outlets. He has also produced an award-winning radio documentary.



**Kristin Ahrens** served as the Director of the Bureau of Policy and Quality Management in Pennsylvania's Office of Developmental Programs (ODP) until September 2018 when she became the Deputy Secretary. Previously Kristin served as the Policy Director for the Institute on Disabilities at Temple University. Ms. Ahrens' more than 25 years of experience working with people with disabilities spans from advocacy and community education to providing supported living, family support and self-directed services and includes development and management of several self-directed models. Prior to moving to Pennsylvania, Ms. Ahrens was the Director of Self-Determination Resources, Inc., a regional brokerage serving adults with I/DD. Ms.

Ahrens has a Master's in Education and Disability Studies Certificate from Temple University.



**Ronald Melusky** is the Director of Program Operations in the Office of Developmental Programs. The Program Operations Division is responsible for implementation and oversight of Provider Qualifications, Provider Enrollment, Licensing, Risk Management, Incident Management, and Independent Monitoring for Quality. Mr. Melusky is the Department's subject matter expert for Family Living / Lifesharing.

# **Excellence in Lifesharing Awards Ceremony**

Every year we like to acknowledge a few families from the different regions throughout Pennsylvania that not only represent, but exemplify the true spirit of Lifesharing. Nominations are collected across the state and reviewed by the Coalition's Leadership Committee who is also tasked with designating four winners from across the state (one from each region).

#### Presented by: Becky Kreischer, PA Lifesharing Coalition Kristen Ahrens, PA DHS/ODP

### **Congratulations to the Winners of the 2020 Excellence in Lifesharing Award!**

#### **CENTRAL REGION WINNER - BARRY AND JOANNE WEIKEL**

(nominated by Lisa Jordan, Keystone Human Services)

Today we have the pleasure of honoring our Family Living Providers reaching milestones of providing service for as long as our Family Living services have been in existence. The Weikel Family is one such family that has been providing supports for the past 33 years. They fit every criteria for this award from their commitment, advocacy efforts, quality of supports and creativity in making things work even during the toughest of times. Their longevity and commitment are outstanding and is the essence of what family is all about. They were one of the first families to become providers with our agency. Both Barry and Joann have embraced the challenges and reward of opening up with lives and sharing their home. Just ask either of the gentlemen that live with them and they would reply that there is no place they would rather be.

Barry and Joan have watched as both have grown and experienced all of life's ups and downs over the past two decades. Upon entering the Weikel home, you cannot help but notice the beautiful family portrait on the wall, and along with all the Weikel's children and grandchildren, are the two gentlemen that they support. This validates the level that these two gentlemen have been embraced by this family. Both gentleman have gone on cruises with the family. Both gentlemen have challenges that many would say "this cannot be done," but the Weikel's say "it can happen," and then make sure that both gentleman live life to the fullest.

The Weikel's long-term commitment exemplifies the mission vision and values of the Family Living thru Life Sharing. The Weikel's also have been through tremendous challenges with their own health with cancer and not one time did they ever indicate that they could no longer support both gentleman. We would like to thank them for all that they are and do for the individuals they support and for being the epitome of Life Sharing and what it stands for.

### WESTERN REGION WINNER - PAUL HUNTER

(nominated by Barb Dyer, Mainstay Life Services)

I first met Paul Hunter and Justin in March of this year. Paul and Justin had been living/life sharing together for about 10 years, and Paul was interested in having Mainstay become the agency that supported him as a life sharing provider. When I arrived at their home, it was clear to me that Paul and Justin had an amazing relationship. Paul's commitment to Justin goes back to a phone call he got years earlier asking if he would be willing to be a foster parent. He and Justin met, and in February of 2010 Paul became Justin's foster parent. Four years later Paul and Justin entered Life Sharing.

In the six months I've known him, Paul's actions always have Justin's best interests in mind. Paul listens as Justin talks about wanting to be like everyone else, notices when Justin is embarrassed or uncomfortable with a situation or circumstance and talks with Justin about all his worries and concerns, acting as a sounding board. He helps Justin think through decisions that will allow him to be as self-sufficient and independent as possible. Paul encourages Justin to advocate for himself in all ways and to speak up when he has concerns

about anything. Recently, Justin found himself in a difficult circumstance. Justin really wanted to handle the situation on his own, so Paul and Justin talked about what might happen and how Justin might respond. Justin had the confidence and ability to handle the situation, advocate for himself, and achieve a successful resolution.

Justin returned to work recently. His job is near where he lives, but far enough away that Paul would drive him to and from work. Justin would ask Paul to park behind a nearby building so he could get out of the car and walk to the area where he meets his co-workers on the groundskeeping crew. Justin saw all his co-workers driving themselves to work and wanted to be like them. Paul had recently purchased an electric bicycle. After thinking a bit about Justin's dilemma, Paul thought it would be a great idea to get Justin an electric bicycle as well. With an electric bicycle, Justin would be able to take himself to and from work on his own. Justin's bicycle arrived, and Paul helped Justin practice the route from home to work. Justin now gets to and from work on his own, he feels like he's able to be self-sufficient like his peers, and his coworkers think his electric bicycle is pretty cool! Paul's creative solution to Justin's problem demonstrated creativity and a commitment to building Justin's self-esteem and independence.

The quality of Paul's relationship with Justin is demonstrated in the affection they have for each other and the respect and admiration Paul shows for Justin and his achievements. Justin has the confidence to try new things because he knows Paul will be there to support him and his efforts.

#### SOUTHEAST REGION WINNER - RHONDA MOORE

(nominated by Susan Bartholomew, KenCrest)

Rhonda Moore has been remarkable in her development of family, relationships and community with Tom. This has occurred over 36 years and Rhonda comes from a family where there is an overall emphasis on helping others.

Rhonda met Tom in 1984 when he was moving from Pennhurst Center into the community. This was a big transition for Tom. They met while he lived at Pennhurst and then Rhonda worked with him at his community living arrangement. Tom has a significant visual impairment from his childhood and part of the reason he ended up living at Pennhurst. Rhonda became more than just a CLA staff person in Tom's life. She included Tom in many outside activities in her personal life. Her mother and extended siblings got to know Tom as she included Tom in holidays. When Rhonda was in the hospital about to give birth to a baby, Tom and staff were in the waiting room. Over time Rhonda's positions within the agency changed, but Tom continued to be part of Rhonda's family.

Tom has strong opinions that he is not afraid to express. He did not like many of the written and unwritten rules and regulations of living in a CLA and living with housemates, and he no longer wanted to go to a day program, so he stopped going. Tom wanted more freedom, and Rhonda supported Tom in his desire to live in supportive living in his own apartment. Rhonda worked with Tom for a while in supportive living, and then moved on to different positions. Rhonda's family and extended siblings grew to have their own children, and Tom continued to go to Rhonda's home for celebrations and holidays.

Tom had lived in his apartment for ten years and he was changing. As Tom was aging, the agency was considering moving Tom to a CLA with another person. Tom did not want to go to a CLA. While Tom told Rhonda what was happening, she also heard from friends of Tom. Rhonda decided that she wanted Tom to live with her and her family in Lifesharing. Even though Tom knew Rhonda and the family, this was a difficult transition for Tom. He wanted to stay with his friends and he wanted to continue with the staff he had for many years. Rhonda and KenCrest made a commitment to Tom that his friendships would continue and they would make sure Tom stayed connected. He moved into Rhonda's home five years ago. Rhonda has made sure that Tom got to know everyone in the neighborhood, and Tom has become part of that neighborhood.

Ronda and her family are great at relationship building. Rhonda and Tom have developed a Lifesharing relationship based over 36 years. Tom has friends, neighbors, girlfriend and an extended family that he knows are there for him.

#### **NORTHEAST REGION WINNER - SUZANNE MCPHERSON**

(nominated by Robyn Klim, Devereux Pocono Center)

The McPhersons have been Life Share Providers with the Devereux Pocono Center since 2015. They initially served as substitute care providers, assisting to provide respite time to their colleagues. In 2017, they received their first placement, which has provided Oleg with a vast number of community inclusion and vocational opportunities. In 2019, Sean completed their family.

This Life Share family has demonstrated immense dedication, devotion and a commitment to helping others. Not only do they encourage the individuals to do their best but motivate them to try new things they never thought they could succeed in. They have a kind way of teaching new skills through using real examples they encounter on a daily basis, and Sean enjoys role-playing new social skills with Suzanne. They always explain the "Why" of things and teach in a clear and concise manner. They let Sean and Oleg know how learning these skills will help them achieve their goals. Sean and Oleg have become more independent in attending day programs and are particularly proud of the paychecks they earn! They get a sense of pride and pleasure through participating in extracurricular activities such as karate. They have been active participants in volunteer opportunities, such as assisting with the local food pantry. Whether Oleg is playing his guitar or working out, or Sean is working on his computer, they always have a huge smile on their faces.

Since moving in with the McPhersons, their potential has truly been unlocked and their future potentials are limited only by their imagination. The McPhersons truly make them feel like they are part of the family. Suzanne is also an advocate for the individuals and makes sure all their needs are met to the fullest. Their positive can-do attitude has been an example to the men in their care, and they eagerly seek out new opportunities for growth. The McPhersons are a shining example of what the LifeShare program is meant to encompass. They demonstrate enthusiasm and an eagerness to make a difference.

# Congratulations to All of the Nominees for the 2020 Excellence in Lifesharing Award!

#### **Central Region:**

- Boni Ledy, nominated by Nathan Sullivan, Family Care Services
- Brittany Beaver, nominated by Rachel Phillippi, Valley Community Services
- Hailey Carson, nominated by Rose Andrus, Community Services Group
- Shawn and Treassa Strawn, nominated by Jaime Pagotto, Keystone Human Services
- Sylvia Quirin, nominated by Nicole Eckenrode, Skills of Central PA

#### Northeast Region:

- Jodi Talladay, nominated by Harold E. Hollenback, Futures Community Support Services, Inc.
- Melba and Victor Alverio, nominated by Bridget Delemarre, Human Resources Center, Inc.
- Becky Tyler, nominated by Margie Cosgrove, Human Resources Center, Inc.
- Becky Reynolds, nominated by Jennifer Tomaino, Human Resources Center, Inc.

#### Southeast Region:

- Carol Leslie-Hood, nominated by Sumiko Miles, Elwyn
- Claudette Boyer, nominated by Jennifer Kresge, KenCrest
- Ella Womack, nominated by Aisha Bosket, KenCrest
- JoVani Fontil, nominated by Kathy Trumbore, KenCrest
- Karen Washington, nominated by Andrew Dyer, KenCrest
- William Dumgmalaylay, nominated by Nancy Thaler, parent

#### Western Region:

- Joy Vogel, nominated by JoAnn Lee, The Arc of Crawford County, Inc.
- Lisa Kramer, nominated by Larry Pollastrini, Milestone Centers, Inc.

Tuesday, October 27, 2020		
10:45 AM	Log On to Virtual Platform	
11:00 AM	Opening Announcements	
11:15 AM- 12:15 PM		
Keynote Presentation	This session will look at what this pandemic is teaching us about service provision, about attitudes towards disability, and about ourselves. People call us heroes but that doesn't actually capture what it is that we	
Past and Present	do and why it is that we do it. So behind the hero rhetoric is something much deeper. The goal of this lecture is to remind people who provide	
Dave Hingsburger	service what their service means as a historical event.	
12:15 PM- 12:55 PM	Dedicated Virtual Exhibit Hall Time: Visit our Exhibitors and Sponsors Virtual Booths	
1:00 PM – 1:45 PM	Concurrent Breakouts with Q&A	
	Submit your Questions Through Chat	
Session I		
Function of Behavior: What Are Behaviors Telling Us?	This session will provide learners with a clear understanding of what behaviors are and why behaviors occur. The training will teach providers how to define behaviors while also providing them with strategies and interventions that can be implemented before problem behaviors occur. Throughout <i>Function of Behavior</i> , it is the goal of the	
Ashley McKoy UPMC of Western Behavioral Health at Mon Yough	trainers to get providers to think differently when they encounter problem behaviors and explore how <i>their</i> response to these behaviors can either increase or decrease such behaviors.	
Session J		
Future Planning for Individuals With Disabilities	The presentation will include a review of Estate Planning that involves a family member with a disability, the three types of special needs trusts to protect government benefits, PA ABLE Accounts, and decision making options such as powers of attorney and guardianship. You'll	
Maria Smith & Patty Yerina Achieva	also hear information on Future Plan and much more.	
Session K	This session is an introduction to the PA Family Network and how we	
The PA Family Network: Planning, Supports and Networking	can assist families, self-advocates and others to look at their vision for an Everyday Life and create a plan for it. We are a team of family members (some of us do Lifesharing, as well) who can mentor and support individuals and those they recognize as family. We can	
Diana Morris Smaglik PA Network and Lifesharing Provider	provide resources, information, and connect individuals to the goods and services to help make that vision a reality.	

Session L <i>Talents in Motion</i> Josh Luden, Colin Mekeel, George Shands, James Weiser Moderated by	Come learn more about several outstanding young adults who have overcome challenges and embraced their natural talents and are sharing them with the world.
Alison Karnish Spectrum Community Services	
1:45 PM – 2:00 PM	Break/Goodie Box Photo Raffle Drawing
2:00 PM – 2:45PM Keynote Presentation	All of you know what it's like to share your lives with individuals with an intellectual disability or autism through personal experience, and how rewarding Lifesharing can be for everyone in your householdsbut
Lifesharing – Facts and Figures	have you ever wondered what Lifesharing looks like across the state? What are the ages of Lifesharing participants? How do individuals self- identify their genders and races? What kind of incidents are reported
Ron Melusky, PA Department of Human Services, Office of Developmental Programs	from Lifesharing agencies? This presentation will answer these questions (and more) using information from a variety of sources.
2:45 PM - 3:00 PM	Closing Comments: 2020 PA Lifesharing Conference Planning Committee

## **Thanks to Our Supporters**

A Special Thank You to PA ODP for their extraordinary support of this year's conference.



# Thank you to our \$650 level Sponsors

Barber Institute Cassie Pilarski cpilarski@barberinstitute.org

#### Interpretek

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#### KenCrest

Kathy Trumbore kathy.trombore@kencrest.org

#### **Keystone Human Services**

Lisa Jordan ljordan@keystonehumanservices.org

#### Dr. Kerry Magro

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#### **Mainstay Life Services**

Barbara Dyer bdyer@mainstaylifeservices.org

# Thank you to our \$650 level Sponsors (Continued)

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#### Skills, Inc.

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### **Spectrum Community Services**

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### Step by Step, Inc.

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# Thank you to our \$500 level Sponsors

### **Access Services**

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### **Resources for Human Development**

Amy Ricglane-Rash amy.ricglane@rhd.org

### **Royer Greaves Services**

Marcia Debes mdebes@royer-greaves.org

### A VERY SPECIAL THANK YOU TO OUR VOLUNTEER WEBSITE COORDINATOR - Cody Kreischer

Thank you for your countless hours updating and keeping our website current and running.

## NOTES



# Are You a PA Lifesharing Coalition Member?

The PA Lifesharing Coalition will meet next virtually on **December 10, 2020 at 10 AM**.

The Coalition also has regional meetings. For more information on these meetings, please email the following Regional Contacts:

- <u>Central Region</u>: Sarah Shaw (sshaw@skillsgroup.org) or Rebecca Kreischer (bkreisch@keystonehumanservices.org)
- <u>Northeast Region</u>: Joe Karpinskie (karpinskiej@csgonline.org) or Alison Karnish (akarnish@spectrumcommunityservices.org)
- <u>Southeast Region</u>: Kathy Trumbore (kathy.trumbore@KenCrest.org)
- <u>Western Region</u>: Carrie Kontis (carriekontis@barberinstitute.org)

For more information, www.palifesharing.com

## SAVE THE DATE

### November 8 and 9, 2021

PA LIFESHARING CONFERENCE

KALAHARI RESORTS, POCONO MANOR, PA

We look forward to seeing everyone there!