

INDUSTRIAL SPORTS MEDICINE™



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briotix.com





INDUSTRIAL SPORTS MEDICINE™

Preventing musculoskeletal injuries and restoring workforce health through the care of your Working Athletes™ and tailored workplace solutions.

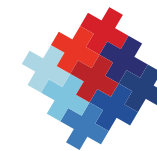
Briotix Health's Industrial Sports Medicine™ (ISM) solutions are proven effective in reducing incidence and costs of musculoskeletal injuries and disorders that are related to occupational risk factors as well as personal musculoskeletal health risks. Our services are delivered onsite and virtually/telephonically through trained Industrial Sports Medicine Professionals with advanced degrees in physical therapy, athletic training, kinesiology, and/or occupational therapy as well as extensive training in Briotix Health tools, systems, and engagement activities. Our solutions identify and control job-related and personal health risks your employees experience, and in so doing reduce the risk of injury and disability.

BENEFITS OF ISM

Our ISM™ programs have a proven record of decreasing worker discomfort and pain, increasing employee performance, and saving companies money.

Briotix Health's programs are designed specifically for the job-related tasks of the distribution environment and have shown to:

- Reduce of OSHA Incidents and DART
- Decrease Workers' Compensation Claims and Costs
- Lower employee turnover
- Increase worker productivity and engagement
- Cut lost-work days and disability costs



OUR PROVEN APPROACH KNOW THE WORK, KNOW THE WORKER

Given the physical demands of the distribution work environment, musculoskeletal injuries are both common and expensive. Critical elements in reducing musculoskeletal injuries in the distribution environment must include the identification and management of both workplace risks as well as the employees' personal health risks. Our Industrial Sports Medicine Professionals are trained in identifying and reducing the unique risks associated with this specific environment.

It is the quality of our providers that set us apart. They are relationship builders and technical experts with the human touch who get to know the unique aspects of your employees' work tasks and the workers themselves. Our providers are experts in distribution job function, technical task analysis, and have a comprehensive understanding of functional body movements and discomforts.

We invest the time to get to know the work and know the worker. It is because of this commitment to understanding the needs of workers including their day to day difficulties and discomforts that we are able to significantly reduce the likelihood of costly injuries, recordables, and claims.



PRO Systems™

PRO Health™

Early Discomfort Detection and Care

- Discomfort/injury screening, care, and management
- Basic anatomy education
- OSHA first aid care - blister, wound, contusions, etc.
- Hands-on care such as taping, supporting, and massage
- Physical conditioning
- Injury recovery plan
- Follow up care
- Employee resources for self care
- Telephonic consultations

PRO Fit™

Job-Specific Physical Conditioning

Briotix Health delivers education and training on dynamic and static stretching, conditioning, and strengthening for individual job tasks. Employees learn how to improve their job performance through these personalized programs. Our providers also lead pre and post work group warm-ups and stretching.



PRO Learn™

Curriculum Based Training and Education

Our providers work with company management to deliver best practice injury prevention and health-based education as determined by the distinctive needs of your Working Athletes™.

All trainings are uniquely developed to fit your company's culture.

Examples include:

- Health Topic of the Month handouts
- Human anatomy/physiology basics
- Injury description, cause, and prevention education
- Chronic condition information



PRO Moves™

Systematized Body Mechanics

After observing specific job tasks, our providers work with employees in one-on-one body mechanic coaching sessions on the proper positioning and posture needed to safely, effectively, and efficiently complete job tasks.

These individual sessions have significant impact on reducing the risk of injury while improving performance.

WORKPLACE ERGONOMICS



Not every organization understands the ergonomic differences between materials handling and forklift driving, but at Briotix Health, we do. Our industrial ergonomic services are designed to identify risks associated with job and job tasks, deliver objective measures of that risk, and provide risk reduction recommendations.

Our providers understand your work and the ergonomic risk associated with specific tasks. They engage in personalized ergonomic and biomechanics education, customized for the unique needs of the employee and the tasks associated with his or her position with the goal of long-term risk reduction to decrease the chance of injury and optimize employee performance in the distribution environment.

Examples of Industrial Ergonomic Services Include:

- Ergonomic Risk Assessments
- Establish and Lead Ergonomics Team
- Site Walk-Throughs
- Physical Demands Analysis (PDA)
- Incident Investigation
- Tool Selection Assessments
- Ergonomic and Body Mechanics Training for Best Practice



ISM ADD ONS, VARIATIONS, AND ADAPTATIONS

Briotix Health offers a broad mix of services that can be blended with an onsite Industrial Sports Medicine™ program or serve as stand-alone solutions that our clients face. Some examples of these services are listed below. If your organization is interested in additional adaptations or variations please contact your Solutions Advisor.

ONSITE PHYSICAL THERAPY

Briotix Health can place a licensed Physical Therapist onsite to deliver post-claim physical therapy treatment. Because the treatment is delivered onsite, the scope of care includes functional training and specific exercise to functional requirements of the job. This focus on function accelerates recovery, reduces days to discharge, reduces the number of visits required, and saves money while improving outcomes.

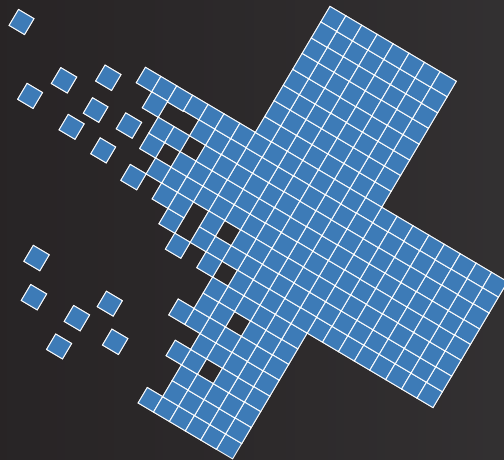
ONSITE DISABILITY MANAGEMENT AND RETURN TO WORK

Briotix Health combines all return to work program elements (e.g. return to work job coaching, accommodations consulting, graduated return to work programs) through a dedicated Briotix Health team member embedded at your site(s). By incorporating the full suite of Briotix Health Return to Work services through an embedded onsite provider, we partner with you and your team to proactively develop and manage effective processes to help employees get back to work sooner from disability.

BTE™ POST OFFER EMPLOYMENT TESTING (POET)

Briotix Health ensures your job candidates can perform the physical requirements of their job tasks safeguarding companies from hiring their next injury. POET is tailored to the specific needs of your company and includes the essential functions and tasks measured in the physical demands analysis.





CARING FOR YOUR WORKFORCE AND BUILDING A HEALTHIER WORKPLACE

Serving clients throughout the US and
internationally for more than 20 years

CONTACT US TODAY

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