

CASE STUDY: Reducing Medical Costs

How One Manufacturing and Distribution Plant Decreased Group Health Medical Expenses by 40% in Just One Year





A mid-sized manufacturing and distribution plant was suffering from rising medical costs and experiencing significantly higher musculoskeletal injury rates when compared to industry averages. While the company had worked to establish a culture focused on safety, management knew they needed help to leverage that culture to reduce costs.


Briotix Health Solution

Plant Management hired Briotix Health to implement a variety of Industrial Sports Medicine™ solutions to conquer the higher than average injury rate and ballooning medical costs. The company believed the variety of services offered by Briotix Health would best tackle the dynamic work environment of the plant.

After learning the unique needs and culture of the company, Briotix Health rolled out the following solutions:

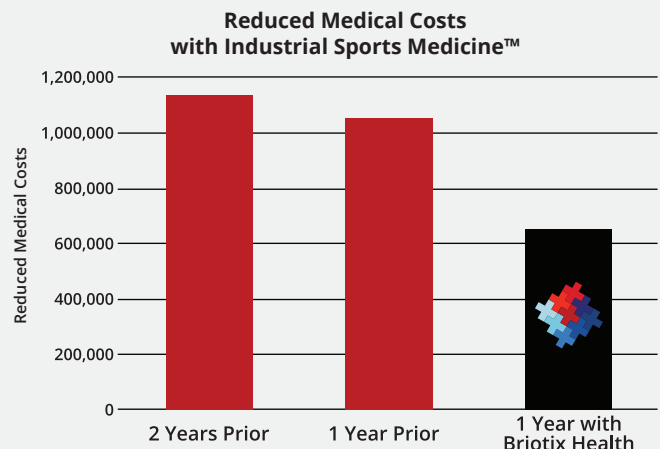
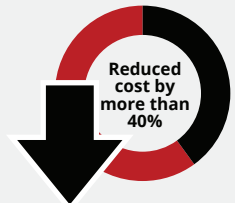
 **EARLY DISCOMFORT MANAGEMENT**
Employee discomfort and fatigue were addressed at their earliest stage with OSHA approved first aid and job coaching to identify and eliminate the root cause of their discomfort.

 **ERGONOMICS**
Comprehensive ergonomic risk assessments were conducted to identify moderate and high-risk factors for musculoskeletal injury. Engineering, work practice, and behavioral strategies to address those factors were provided and implemented.

 **EDUCATION**
As part of on-going training, group and individual education sessions were offered covering a variety of injury prevention best-practice techniques. These were constantly updated based on the evolving needs of the workforce.

Results

One year after the roll-out of the Industrial Sports Medicine™ solution, the company reduced group health medical costs by more than 40% saving the company more than \$400,000.



To learn more, visit:
briotix.com/industrial-sports-medicine