

# *Position Announcement*

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**TITLE OF POSITION:** Fitness Instructor

**LOCATION OF POSITION:** Indianapolis, IN

**DATE POSITION ANNOUNCED:** September 24, 2020

**SUMMARY OF POSITION:** The National Institute for Fitness and Sport (NIFS) is seeking an enthusiastic, dynamic individual for a part-time Fitness Instructor position with an emphasis on working with our registered dietitian to provide clients with a fitness and nutrition regimen that helps them lose weight and maintain a healthy lifestyle. NIFS is a full-service fitness center with a strong emphasis on member retention. Wage contingent on education, experience, and certifications.

**REQUIREMENTS:**

- Bachelors or Master's degree or working toward one in physical education, exercise physiology, kinesiology or health education from an accredited college or university.
- Communication, social perceptiveness, and leadership skills necessary to instruct and interact effectively with individuals and groups in a large fitness center setting.
- Ability to work effectively both independently and as part of a team with enthusiasm, initiative, and creativity.
- Interest and experience working with weight loss clients.
- Willingness to continue to expand knowledge and stay current with industry trends.
- Organization skills and ability to prioritize tasks.
- Basic computer skills.
- Ability to work evenings and weekends.
- Current course completion card for CPR, AED, and First Aid.

**RESPONSIBILITIES:**

- Provide top-notch, customer-focused attention during each member or guest interaction by demonstrating excellent communication and interpersonal skills.
- Assist in the daily supervision and administration of a large fitness center.
- Conduct personal fitness evaluations.
- Prescribe exercise programs.
- Answer questions and educate members regarding fitness and training.
- Demonstrate safe exercise form and procedure on all types of equipment.
- Perform member retention activities.
- Support co-workers in the development and implementation of fitness and wellness incentive programs.
- Aid in the development and instruction of group classes for participants and continuing education for staff.
- Carry out other projects as assigned.

**STATUS:** OPEN

**FOR MORE INFORMATION ON THIS POSITION:**

**Melanie Roberts, Fitness Center Director**  
250 University Boulevard, Indianapolis, IN 46202-4192



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