



# Participating in the Spiritual Sponsorship Program

## *Directions for Students*

### **Why ask for Spiritual Sponsorship?**

- ◆ Asking for spiritual sponsorship is a fantastic way to evangelize and share the good news about your advocacy for life
- ◆ The spiritual sponsorship program helps to increase the spiritual depth of your pilgrimage
- ◆ Your participation can encourage others to offer up small penances and prayers for the unborn and the defense of all life from conception to natural death
- ◆ Sponsors can be a support system for you and other pilgrims
- ◆ It is good to have people accompanying you with prayer

### **Directions for Participating in the Spiritual Sponsorship Program**

1. Choose a family, friend, or neighbor who can pray for you. Think especially of people who cannot travel to Washington, D.C., have a passion for pro-life issues, or are people you admire for their faith.
2. Ask them to be your spiritual sponsor in person, with a letter, or with an email. Ask if they have any intentions you can pray for on the pilgrimage.
3. Choose a specific intention naming why you are attending the March for Life and share this with your spiritual sponsor.
4. Remind your spiritual sponsor before you leave that you are going on pilgrimage and will be praying for their intentions and remind them to pray for you.
5. Thank them for their prayers when you return and tell them about your pilgrimage experience. You may consider addressing the following statements:

*The most surprising thing about the pilgrimage was....*

*The most joyous part of the pilgrimage was...*

*The hardest part of the pilgrimage was...*



# Asking Someone to Become a Spiritual Sponsor

## *Sample Letter or Email*

*(Insert date here)*

**Dear** \_\_\_\_\_ ,

I would like to invite you to accompany me spiritually as I prepare to attend the National March for Life in Washington, D.C. I have seen in you a deep life of prayer and would like to request that you become a **Spiritual Sponsor** for me as I go on pilgrimage.

Being a spiritual sponsor is simple. First, you will pray for me and my intentions during the March for Life pilgrimage on January 29, 2021. Second, you will pray for the culture of life in our country. Finally, I would appreciate being able to share with you some thoughts from my pilgrimage upon my return.

If you are willing to be my spiritual sponsor, I would also request that you keep this special intention in your prayers...Please let me know if you have any prayer intentions that I can keep in prayer during our pilgrimage.

**Sincerely,**

*(Student's Name)*



# Thanking Someone for Being a Spiritual Sponsor

## *Sample Letter or Email*

*(Insert date here)*

**Dear \_\_\_\_\_ ,**

Thank you for your prayers for me and for accompanying me as a spiritual sponsor. Together we have been able to offer many prayers and sacrifices for the intentions of the end of abortion and the building of a culture of life.

I would be delighted to share with you some reflections on the March for Life pilgrimage as well as some ideas of how we can continue to pray and support the right to life in our day-to-day life.

I have been praying for you and your special intention, and I am grateful for all your prayers on my behalf.

**Sincerely,**

*(Student's Name)*



# Spiritual Sponsor Contact Form

Student Name:

<i>Spiritual Sponsor Name</i>	<i>Contact Info</i> (phone or email)	<i>Prayer Intention</i>