



Participating in the Spiritual Sponsorship Program

Directions for Sponsors

Since you are reading this message, a young person going on pilgrimage to the March for Life has invited you to be a spiritual sponsor. This young person has seen in you someone of deep faith and committed to a life of prayer. Thank you for your prayers on behalf of the student and for the culture of life.

Being a part of the Spiritual Sponsorship Program is simple, but deeply transformative, for the young people you are accompanying with prayer and friendship.

Now that a student has asked you to pray for them, feel free to give the student a prayer intention of your own that they can keep in prayer during their pilgrimage.

Remember to keep them and their prayer intention in prayer, particularly during the March for Life itself.

Finally, when the student returns from the March for Life, be sure to reach out and ask to hear about their experience of the pilgrimage. You may consider asking the following questions:

What was the most surprising thing about the pilgrimage?

What was the most joyous part of the pilgrimage?

What was the hardest part of the pilgrimage?

What is Intercessory Prayer?

“Intercession is a prayer of petition which leads us to pray as Jesus did” CCC 2634. Through intercession, we can offer our prayers and sufferings in union with Christ on behalf of others. This prayer on behalf of others is what we are inviting you to do for the student you are sponsoring and on behalf of the culture of life.

Ideas of Prayer

Prayer to St. Gianna • Prayer for Life • Rosary • Offering penances/sacrifice
Attend Mass • Prayer for pilgrims/travelers - St. Christopher
Any special intention • Prayers can be really simple... “God bless, _____.”