

Hinds Community College

Student and Employee Assistance Program

Hinds Community College understands the importance of taking care of your mental health. At times life is difficult and people experience problems they cannot and should not handle alone. There is no shame in reaching out for professional help to get through these tough times.

At Hinds CC, you are NOT alone! You have the unique opportunity to receive professional help through one of two platforms. One option is through the Hinds CC Mental Health Services located on the Raymond campus with face-to-face and virtual options available. The second option is Pathways Counseling, PLLC. Each mental health opportunity offers free confidential counseling services to students and employees for a limited time.

You will be assigned to a trained counselor to assist you along your journey to healing. If further assistance is needed, an assessment will be performed to determine the most appropriate level of care necessary for effective and efficient assistance. You will be guided through the next steps to take to assist you best.

Employer/Employee Training Workshops

Workshops for staff and supervisors are offered to assist with bringing awareness to mental health issues. They can be conducted to target specific issues related to the college. The workshops are designed to enhance employee attitude, morale, and overall mental health.

Hinds Community College Mental Health Services

Jenny Crutchfield, LPC
Leslie Armstrong, Therapist
Jenkins Hall, Office 207
2nd floor, across from the elevator
Raymond campus
601-857-3219

<https://www.hindscc.edu/student-services/mental-health-services>



Pathways Counseling, PLLC

Sherri Kent, LPC-BQS, NCC, BC-TMH
3900 Lakeland Dr., Suite 504
Flowood, MS 39232
601-502-7984

Path2anewyou@gmail.com

Directions: Located on Lakeland Dr across from Wilson-Kia Dodge. Traveling on Lakeland Dr., you will turn on Flynt Dr. Take the first left. The office is in the first building on the left. Please take the elevator to the 2nd floor and enter suite 504. Please enter and be seated in the waiting area for assistance.

