



# Hinds Community College

## Student and Employee Assistance Program

Hinds Community College understands the importance of taking care of your mental health. At times life is difficult and people experience problems they cannot and should not handle alone. There is no shame in reaching out for professional help to get through these tough times.

**You are  
NOT  
alone!**

At Hinds CC, you are NOT alone! You have the unique opportunity to receive professional help through one of two platforms. One option is through Hinds CC Mental Health Services with counselors available

on each campus. The second is Pathways Counseling, PLLC. Each mental health opportunity offers free and confidential face to face or telemental health counseling services to students and employees for a limited time.

You will be assigned to a trained counselor to assist you along your journey to healing. If further assistance is needed, an assessment will be performed to determine the most appropriate level of care necessary for effective and efficient assistance. You will be guided through the next steps to take to assist you best.

### Employer/Employee Training Workshops

Workshops for staff and supervisors are offered to assist with bringing awareness to mental health issues. They can be conducted to target specific issues related to the college. The workshops are designed to enhance employee attitude, morale, and overall mental health.

## Hinds Community College

### Mental Health Services

**601-857-3219**

**Monday through Friday**

**601-488-9805**

**After hours number**

## Pathways Counseling, PLLC

Sherri Chatham, LPC-BQS, NCC, BC-TMH



660 Lakeland East Drive,  
Suite 200

Flowood, MS 39232

Path2anewyou@gmail.com

Phone: 601-502-7984

Scan or click here



for more information about  
Hinds CC Mental Health Services.

[hindscs.edu/student-services/mental-health-services](http://hindscs.edu/student-services/mental-health-services)

In compliance with Title VI of the Civil Rights Act of 1964, Title IX, Education Amendments of 1972 of the Higher Education Act, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990 and other applicable Federal and State Acts, Hinds Community College offers equal education and employment opportunities and does not discriminate on the basis of race, color, national origin, religion, sex, age, disability or veteran status in its educational programs and activities. We recognize our responsibility to provide an open and welcoming environment that fosters a culture of diversity, equity, and inclusion for employees and students to collaboratively learn, work and serve our communities. The following have been designated to handle inquiries regarding these policies:

EEOC Compliance: Office of Campus Culture and Diversity, PO Box 1100 Raymond MS 39154; Phone: 601-857-3569 or Email: [EEOC@hindscs.edu](mailto:EEOC@hindscs.edu)  
Title IX: Associate Vice President Student Services, Title IX Coordinator Box 1100 Raymond MS 39154; Phone: 601-857-3353 or Email: [TitleIX@hindscs.edu](mailto:TitleIX@hindscs.edu).

