

# COOKING WITH CASTLE

## MUFFIN IN A MUG

### INGREDIENTS

- 3 tbsp flour
- 2 tbsp sugar
- 1 tsp baking powder
- 2 tbsp milk
- 2 tbsp vegetable oil
- ½ tsp vanilla extract



### METHOD



Add dry ingredients & mix



Add wet ingredients & mix



Add your mix in like  
...Blueberries & lemon zest



...Banana & choc chips



...Apple & cinnamon



Microwave for 2 minutes