Liberty HealthShare May 2020 Newsletter







LIBERTY'S TOWN HALL MEETING YOUR COVID-19 QUESTIONS ANSWERED

Liberty

TOWN HALL WRAP-UP: YOUR COVID-19 QUESTIONS ANSWERED

Peter Pitts wraps up our first Town Hall event by answering more COVID-19 questions submitted by members...

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REFLECTING ON HEROES WHO SACRIFICED

It's a good time to take a closer look at the true meaning of Memorial Day and celebrate the heroes behind it...

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GARDENING TO EASE YOUR MIND IN THESE TIMES

Many of us are trying new hobbies, like gardening and farming, to stay occupied and keep our spirits high...

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LHS SPOTLIGHT: MEET PASTOR WES HUMBLE

We would like to introduce you to Liberty's Pastor, Wes Humble. He is the Executive Director of Ministry...

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With giving hearts we can lift the needs of those who have been impacted the most.



www.libertyhealthshare.org/ishare

GIVE TO BE A BLESSING

Members offer help and hope through Liberty's donation-based initiative, iShare...

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SHAREPOWER RECEIVED \$28,923,464.79

MEDICAL EXPENSES SHARED \$28,632,578

\$1,781,004

Remaining SharePower carried over for eligible medical expenses submitted in the first two weeks of May.



Save by choosing high-quality, affordable healthcare providers.

Shop Before you Schedule

Search HealthCare Bluebook in your ShareBox to find fair pricing on your healthcare.



MEDICATION DELIVERED DIRECTLY TO YOUR HOME



Get over-the-counter medications for your family at 50% less than your local pharmacy with HealthShareRx



THE MESSAGE IS SIMPLE

It's an oft-repeated theme throughout scripture. Although it's expressed many different ways...

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HEALTHTRAC GRADUATES

Congratulations to these HealthTrac members who graduated during the month of April...

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YOUR LIBERTY MEMBERSHIP

Important information and updates

MEMBER SERVICES

If you need member services support at this time, we encourage you to use ShareBox or email as the primary means to communicate. We promise to ensure your inquiry is addressed, but it may take a little longer due to our temporary safety measures aimed to protect our employees.

PRENOTE

If your provider prescribes a non-urgent treatment, testing, procedure or surgery, please send us a prenotification request form found in your ShareBox. Urgent prenotifications should be called into our Prenote department at 855-585-4237.

SHAREBOX

The latest information regarding any sharing questions can be found via your personal ShareBox.

MEMBER PAYMENTS

All monthly shares should be sent via ShareBox. At this time, please do not come to our offices to submit your monthly share; instead, mail your monthly share to the following address: Payee: Gospel Light DBA Liberty HealthShare Payment Address: PO Box 771972, Detroit, Michigan 48277-1972



YOUR SHAREBOX

How to update your membership

It's important to keep your membership information, such as your address and contact information, upto-date in your ShareBox. This can help improve sharing times for you and all of our members.

Log into your <u>ShareBox</u>. On the left-hand side click on **"MEMBERSHIP,"** and review your email, phone, and address to ensure they are correct. You can also make program changes, update your sharing name, or update your share funding.

ENROLLMENT ANNIVERSARY:

On the anniversary of your enrollment date, you will be charged a \$75 renewal fee in addition to your suggested monthly share amount.

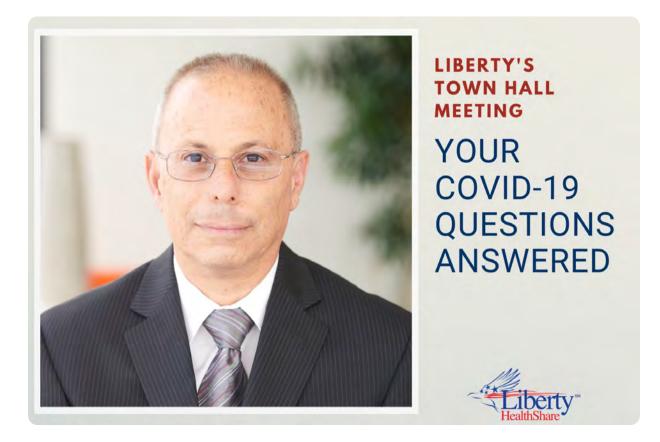
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Liberty HealthShare 4845 Fulton Dr. NW, Canton, OH 44718 855-585-4237



Covid-19 Town Hall Q&A Recap

May 12th, 2020



Liberty HealthShare offered members special one-on-one access to the virtual town hall event, "COVID-19 Q&A," on Tuesday, April 14, 2020, with health expert Peter Pitts. He answered these questions for our members and friends of Liberty.

Is social distancing really helpful?

It's tough not to have our regular routine and see our friends and grandchildren, yet short of a vaccine, sheltering in place is how we are going to beat COVID-19 at this time. We are mitigating the virus, since we can't control it, and denying the virus the "oxygen" to thrive will help avoid spreading it.

Does wearing a mask help reduce the spread of COVID-19?

It is assumed that 25 to 50 percent of people that have the virus have no symptoms, so any little bit helps. You are at your most contagious prior to your symptoms showing. This is another important reason to wear a mask and protect one another. We are all in this together.

Is hydroxychloroquine a helpful treatment?

There are people who use this drug to treat Lupus and Rheumatoid arthritis. Some doctors may use this to treat COVID-19, yet it's not an entirely safe medicine for all. This treatment is up to your doctor's discretion.

Are we close to a vaccine?

I think we are 10 months to a year away from a vaccine. The way to get back to as near-normal as quickly as possible is to pull together.

What about antibodies?

The antibodies show in the blood of people who have already had COVID-19. Using a little bit of the disease to beat it is not new and can help us develop a vaccine. Using antibodies as a treatment could make the symptoms less severe and the course of the illness length shorter.

What about testing?

Testing can help you determine if you have COVID-19 and helps us understand how the virus is shrinking and growing so that we can study it. The antibody test is important to identify people who could help others who have COVID-19 recover more quickly. It can also help us understand who has had the virus and help determine the course of the disease and where we are nationally.

What's the most effective way to reduce the spread of the disease?

The number one practice to reduce the spread of COVID-19 is washing your hands.

Does the coronavirus only travel six feet?

We have to assume the virus could travel further. This is why we want to limit being in social situations.

Do you think the virus can stick to our clothing or shoes?

I leave my shoes outside and wash them once a week.

Can I get COVID from my pets?

Please refer to the best source on this: <u>https://www.cdc.gov/coronavirus/2019-ncov/daily-life-</u> <u>coping/animals.html</u>

Can the virus be spread through a water sport like canoeing?

Please refer to the best source on this: <u>https://www.cdc.gov/coronavirus/2019-ncov/php/water.html</u>

Will testing be available in pharmacy stores?

At-home testing would be optimal and I think we will get there; however, right now you must get a test through your doctor. If you really want to get tested for COVID-19, work with your physician. If you have no symptoms, don't overburden the healthcare system by asking for tests.

When will life get back to normal?

We need a vaccine. People need to get vaccinated. Once COVID-19 dies down, we are going to forget. We have to change our approach to health literacy, and vaccination is at the top of the approach.

Why isn't herd immunity a solution?

Sheltering in place is in lieu of the effect a vaccine gives us and denies the virus entry.

Member Questions

Peter took the time to answer our members' submitted questions that weren't answered during the webinar.

How do we distinguish the symptoms of COVID19 from other flus/viruses?

Let me direct you to the best source on this: <u>https://www.medicalnewstoday.com/articles/coronavirus-vs-flu</u>

Is it possible that this new virus is no more contagious than the seasonal flu?

See this article on this topic: <u>https://www.ynhhs.org/patient-care/urgent-care/flu-or-</u> <u>coronavirus</u>

Can you know if someone is an asymptomatic carrier?

Only if they get tested for antibodies – and test positive.

I think I already had the virus. Am I immune from catching COVID-19 again?

There is evidence of re-infection, so having had COVID-19 doesn't necessarily mean you are immune to getting it again. It is possible you will have some degree of immunity. But research is ongoing on this issue.

With the incubation period of at least 14 days, what precautions are most effective to date?

The best precaution is social distancing, self-quarantine, enhanced personal hygiene and wearing a mask.

What is the sensitivity and specificity of the COVID-19 testing?

Testing to determine whether or not you have COVID-19 are very accurate. Tests to determine whether or not you have COVID-19 antibodies have a range of margins of error depending on the manufacturer. To reduce the margin of error, request a test kit that has been approved by the FDA (best) or granted an Emergency Use Authorization (EUA) by the FDA (next best).

How should people who must travel as part of essential supply chains protect themselves and others?

In such circumstances, social distancing, masks, and personal hygiene are three ways to protect yourself if you must travel.

How safe is food, both takeout and the grocery store?

It depends on what you buy and where you buy it from. That being said, it is wise to wash all foods you buy, as well as the containers you buy them in. Also, please wash your hands thoroughly when you get home from food shopping – before you put the food away.

Should I wear gloves at the store, or does this spread more germs?

Please refer to the best source on this: <u>https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/gloves.html</u>

What are the most promising treatments for COVID-19?

There are many promising treatments both for those already suffering from the virus as well as for a vaccine for the general public. For example, the drug Remdesivir has just been given an Emergency Use Authorization (EUA) by the FDA for use in patients with "serious manifestations" of the virus. These are people who are in the hospital already – older, with respiratory and other serious health conditions. Also, the use of convalescent plasma (using the antibodies from a donor who has already had COVID-19) has shown some promise but is still under investigation. Please – do NOT self-medicate.

Is this a virus that will recur every year like the seasonal flu?

As of yet, this is unknown, although it seems likely.

How should I proceed if I had symptoms of COVID-19 but did not get tested for it?

If you think you may have had COVID-19 (and it's more than 14 days since your symptoms have ended), you can get tested for antibodies. If you test positive for antibodies, you had COVID-19.

Is swimming an advisable activity for our family?

Here's what the CDC says about water and the coronavirus: <u>https://www.cdc.gov/coronavirus/2019-ncov/php/water.html</u>

I've heard the plasma treatment is expensive. True?

Right now, plasma transfusions are experimental. There is no set or "customary" costs – at least not yet.

How often do COVID-19 tests produce false negatives?

The tests to determine whether or not you have the virus are highly accurate. Tests for antibodies differ based on manufacturer and the route to market the FDA has permitted.

We have had other corona-like viruses like SARS and MERS. It has been years in some cases. What progress has been made to make a vaccine in that time?

Vaccines are hard to design and difficult to manufacturer. Unlike MERS and SARS, the global healthcare community has committed to an all-hands-on-deck strategy for vaccine development.

Only N95 masks are supposed to be effective at protecting you and others from the virus, yet they are unavailable to average citizens, so how is wearing a mask effective?

Any mask will help protect you from those who may have COVID-19 – and protect others from you. N95 masks are designed for healthcare and other essential workers and should be reserved for them since they are in such high demand. And, yes – you should wear a mask while exercising if you cannot maintain appropriate social distancing.

Any tips for cleaning surfaces?

Soap and water, regularly and thoroughly! Learn more here.

Would appreciate a few words explaining the magnitude of national response to this outbreak compared to other outbreaks of illnesses.

The COVID-19 pandemic is unique in our lifetime. The national response has been invented from scratch and we are still learning how to best combat the virus. The role of personal responsibility actions (self-quarantine, social distancing, masks, and enhanced personal hygiene) have been potent weapons in successfully battling COVID-19.

If a vaccine is 10-12 months away, aren't we destined to get the virus unless we maintain sheltering in place until then?

Minus a vaccine, COVID-19 remains a potent threat to all of us. That's why it's important to protect those most at risk and mitigate the likelihood of everyone else from contracting the virus by practicing smart and tactical social behaviors.

Any insight on why children do not appear to get it as frequently as adults?

This is a very important question to which we do not as yet have answers. For more on this question, <u>see here</u>.

LHS is here for you

- <u>How Liberty HealthShare is working to help protect members and employees</u> (https://libertyhealthshare.org/covid-19)
- Liberty members and friends are helping one another through iShare (https://libertyhealthshare.org/ishare)
- Did you miss the Town Hall event? <u>You can watch it here</u> (https://libertyhealthshare.webex.com/recordingservice/sites/libertyhealthshare/recording/playback/4872bef5c43140af97807f3c386520c8) The password for access is **bPH753uE**

Follow Peter Pitts online

Where you can find and follow Peter online:

Website: <u>https://cmpi.org/</u>

Videos: <u>https://www.youtube.com/user/CMPIvideos</u>

Memorial Day is a Time to Reflect

May 12th, 2020



Memorial Day is right around the corner, but with the coronavirus pandemic impacting all of our lives, celebrations and remembrances are likely to look at least a little different this year. In a time of social distancing and all the necessary precautions being taken to protect ourselves and each other, perhaps it is a good time to take a closer look at the true meaning and intent of Memorial Day and celebrate the heroes behind it.

Memorial Day began after the Civil War as Decoration Day, a time to decorate the graves of fallen soldiers. It was officially renamed Memorial Day in 1967, and in 1971, Congress declared Memorial Day a national holiday to take place on the last Monday of May.

While many of us typically celebrate Memorial Day as the beginning of summer, with picnics, parades, and more, the significance of the day is much more somber. It is a day to recognize those who have made the ultimate sacrifice in defense of our country and freedoms. As many

of the parades and other commemorations nationwide have been canceled – <u>including the</u> <u>National Memorial Day Parade</u> – we should consider other ways to honor those who have died so that we may live freely.

The Memorial Day Foundation suggests visiting cemeteries and placing flags or flowers on the graves of fallen soldiers, flying a U.S. flag at half-staff until noon, and participating in the National Moment of Remembrance at 3 p.m. local time.

In addition, the Vietnam Veterans Memorial Fund <u>will host an online commemoration</u> from 1-2 p.m. this Memorial Day. While parents.com has some great suggestions on <u>how to celebrate</u> <u>Memorial Day with your kids</u>, unfortunately not all of them are possible this year. However, many of them still are, including explaining to your kids what Memorial Day is really about, reading kids' books about the holiday together, teaching kids how to fly the flag, sending a care package to soldiers, and participating in the Moment of Remembrance. Military.com also has some great <u>suggestions for things to do with your family</u> this Memorial Day.

Regardless of how you choose to commemorate Memorial Day this year, be sure to stay safe as we honor those who put their lives in danger and sacrificed for us and our freedoms.

Gardening is Great to Ease Your Mind During Difficult Times

May 12th, 2020

As we continue to live in a "new normal" due to COVID-19, many of us are trying new hobbies, like gardening and farming, to stay occupied and keep our spirits high.

These outdoor hobbies exercise our minds and occupy our leisure time. Additionally, spending time in a garden can be both therapeutic and beneficial in times of uncertainty. Whether you're a novice or experienced gardener, May is a great season to begin working on your home garden!

If you don't know where to begin, you can find plenty of free or low-cost information online – from books to articles to tutorials.

If you are new to exercising your green thumb and beginning to think about starting your garden, there are a few things to consider before planting your produce. These quick gardening tips will get you started planting so you can relax and enjoy the benefits of a healthy garden.



Gardening tips for beginners

- **Pick the right location for your plants** The best place to plant garden seeds is in a sunny area with moist, well-drained soil. Also, make sure to choose a stable environment where your young plants are not vulnerable to inclement weather or conditions, like wind or heavy foot traffic.
- **Choose the right plot size** It easy to become overzealous and overestimate how much to plant. It's a good idea to start small until you determine the right amount of produce for you. According to <u>The Old Farmer's Almanac (https://www.almanac.com/vegetable-gardening-for-beginners)</u>, for a family of four, if you are starting your garden in the ground, make your garden 11 rows wide with each row 10 feet long. The rows should run north and south to receive the best amount of sun, and don't forget to make paths for access to weed and harvest. If 11 10-foot rows is too large for your needs, you can simply make the rows shorter.
- **Choose your vegetables and herbs** When choosing which plants to grow, be realistic about what you and your family like to eat, or you'll end up with veggies going to waste. Some relatively easy plants to grow are tomatoes, zucchini, peppers, cabbage, lettuce and carrots. You can also grow what isn't commonly available at your local supermarket.
- **Purchase quality seeds** Spending the extra cents on quality seeds that properly germinate will offer you a more bountiful harvest.
- **Have fun** Don't become discouraged if your planting doesn't go exactly how you plan at first; continue researching the plants you enjoy and trying new methods. Nothing will give you a sense of accomplishment like growing and eating your homegrown produce.

If you don't have space to start an outside garden, don't feel left out. You can bring greenery indoors by starting with a container garden. This option may be perfect for you because you can grow an abundant variety of vegetables and herbs even with minimal space. Most plants can grow well in properly-sized containers with the good care. <u>Check out this Good Housekeeping article</u> to learn more about indoor gardening.

Employee Spotlight: Wes H.

May 12th, 2020

For our May employee spotlight, we would like to introduce you to Wes. Wes is the Executive Director of Ministry and Community Relations. In his role, Wes brings a faith-based perspective to our employees and members. He is a crucial part of building a Christ-centered culture at Liberty, both internally and externally.

Wes started at Liberty HealthShare in June 2018. One of his favorite things about working at LHS is the opportunity to share God's message daily. Recently, as a response to the coronavirus pandemic, Wes has started a weekly live prayer service on Wednesdays at noon <u>on our Facebook</u> <u>page</u>. In those services, Wes leads LHS staff and members in prayer for our members, employees, coronavirus victims, and those of us adjusting to the abrupt changes in our lives brought on by the pandemic.

He is excited to be able to share more about himself with members and others, so we had a chat with Wes to help you get to know him.



What motivates you to wake up and go to work?

I have been in ministry a long time and love serving God in the unique Liberty setting. We are a ministry, and it is a great privilege to write, speak and share the message and good news of the gospel. I love praying for people and helping them bear their burdens.

What is your favorite thing about being a part of the Ministry team at LHS?

Again, the opportunity to share the message daily. I participate in videos, live feed prayer times, devotional writing, and one-on-one conversations with and for people that are looking for help. Jesus is the best help I know.

When did you start in ministry? And why – what got you into it?

I was raised in a pastor's home but never thought I would ever be brave enough to stand in front of people and do anything. When God called me, He made it clear that if I would follow, He would furnish the grace and power to do what He asked me to do. I've had many different ministry opportunities in my life and God has enabled me to do each one.

Tell us a little about your personal testimony.

I came to accept Christ as my Savior between my junior and senior years of high school. Later, after leaving Bible college before my junior year, God found me working in a meat-packing plant in Cincinnati and clearly called me to full-time ministry. I went back to school and finished my ministry degree. In my life I have pastored churches, been an editor of two magazines, a communications director for a denominational headquarters, as well as the director of institutional advancement for a Christian university. For three years I was the executive director for community services at a sheriff's office. In all of these opportunities, God's hand was clearly at work. That is my testimony.

How do you see God working in your life? At LHS?

A few years ago, I left full-time ministry to allow God to do more much-needed work in my life. I wasn't sure I would ever do ministry full-time again. I still went to church and tried to serve Him through my local church, but it was time for God to do major spiritual work in me. When the call came to join the team at Liberty, it was God once again orchestrating my life. The timing was perfect and the opportunity was tailor-made given my background and heritage. I am closer to God right now and feel like I know Him better than I ever have, and I've known Him a long time.

How has your church handled services in light of the COVID-19 social distancing?

Online services like most churches. Drive-by prayer opportunities in the church parking lot and daily devotional/prayer times by mostly lay people daily during the week.

What kind of impact do you think online services are having on the church community? Some people think it may be an easy, less-intimidating way of attracting new people, while others worry about what's lost without actual physical meetings. What are your thoughts?

I won't take time to go into all of that, but I think there will be much to evaluate. The biggest questions will be, did we learn anything about ourselves, our mission, and how did we handle our own spiritual life? Those are big questions. My favorites are the churches that have rolled up their sleeves and worried more about serving others during this time than cool online ministry productions. I think God really likes it when our focus extends beyond our walls and a Sunday morning service.

What are three words you would use to describe LHS?

Christ-centered, affordable, effective

What's your favorite scripture or quote?

I love the whole Bible. It's always hard to pick a favorite. I'm afraid it changes every day. For a quote, a couple favorites would be:

"Nobody gets into heaven without a letter of reference from the poor." — James Forbes

"The litmus test of our love for God is our love of neighbor." — Brennan Manning

"We must be ready to allow ourselves to be interrupted by God." — Dietrich Bonhoeffer

"Cheap grace is the grace we bestow on ourselves. Cheap grace is the preaching of forgiveness without requiring repentance, baptism without church discipline, communion without confession... Cheap grace is grace without discipleship, grace without the cross, grace without Jesus Christ, living and incarnate." — Dietrich Bonhoeffer

How are you coping with the Coronavirus quarantine? Have you started anything new that you think may become part of your long-term routine?

I have tried to find peace in God's word. Not so much looking for answers as much as for the surety of His presence.

What advice do you have for people struggling with fear or stress from the uncertainty of the coronavirus situation?

A vibrant relationship with Christ. Fall in love with Jesus and His word. Live and love like Jesus.

What is your most memorable moment at LHS?

Watching God work in the lives of individuals and knowing that God used myself or someone else to be a part of His plan.

What are your favorite hobbies?

I play pickle ball, shoot guns and still serve as chaplain at the sheriff's office. This involves work with SWAT as well.

Who makes up your family?

I am married to an amazing lady, Francene, and between us we have six children – three adults and three teenagers.

What do you enjoy doing outside of work? What are you passionate about?

I love to read, study and learn.

What is your dream vacation?

I never took vacations until recently and I have learned to love them. I enjoy cruises a lot. In a perfect world I would love to own a cabin in the woods to retreat to on a regular basis for rest, prayer and relaxing.

We hope you enjoyed getting to know Wes a little better. He is one of many dedicated people in all areas of our staff who are working to help Liberty HealthShare members. Check back next month to get to know another member of our team!

iShare: Helping Others in Challenging Times



Sharing Others' Burdens

As COVID-19 continues to impact communities around our nation, many people are left feeling the aftermath of the loss that comes in the face of job layoffs and unexpected financial hardship. This includes some of our own Liberty HealthShare members who are facing daunting uncertainty and recovery as they consider how best to move forward.

As members of a Christian community, we are called to serve others, especially in times of crisis and need. With giving hearts we can help encourage, lift and carry the needs and burdens of those who have been impacted the most.

Liberty HealthShare has heard from our members who are experiencing this, and they are not only dealing with the uncertainty and loss of this shared crisis. We're working with affected members on a case-by-case basis, however, you can help all of our members by supporting the iShare program and contributing extra funds to boost this temporary loss of community SharePower.

As a healthsharing ministry, Liberty HealthShare simply facilitates the sharing of our members' eligible expenses, and it is our members who financially support each other in times of medical need. **Our SharePower is dependent solely on our member's voluntary contributions.** The impact of loss on our sharing members is real for our community, but it's also an opportunity for those who can help to assist others during this time through our donation-based initiative, iShare.

How can you help through iShare? Through the iShare program, you have the opportunity to donate to those who are experiencing financial hardship. You can serve, give and encourage people who have lost confidence during these uncertain times. We created iShare as a purposeful way we can join together in our mission to care for others in their time of need.

While members can give more than their regular share amounts through iShare, you don't have to be a member to give. You can give and you can feel good knowing that your contribution is helping others during a critical time in history.

Regardless of the amount of your contribution, because of the sheer size of this community, our combined resources can and will be a source of tangible comfort for our affected members.

Are you ready to give? It's easy - just click on the button below, which will take you to our iShare campaign donation page, and follow the instructions there. That's it!

Thank you for your generosity. This is why we exist – to share the burdens of others by acting as the faithful community God has called us to be.

iShare now

The Ultimate Message is Simple

May 12th, 2020



Serve only the Lord your God and fear him alone. Obey his commands, listen to his voice, and cling to him. Deuteronomy 13:4 NLT

It is an oft-repeated theme throughout scripture. Although it's expressed many different ways in both the Old and New Testaments, the message is simply this: put God first. In this scripture, Moses outlines for us a way to do this. Follow his logic as he spells it out.

"Obey his commands, listen to his voice, and cling to him."

Obey his commands: It sounds simple, but to keep them you have to know them. Don't ever forsake the reading of the Bible. Contained in God's word you will find His laws for living. You will find out how to be a reflection of our Heavenly Father in word, thought, and deed.

Listen to his voice: God speaks to us though the quiet impressions of the Holy Spirit, and to hear or feel His presence you need to be walking with Him. He may speak through a sermon, a song, a book, or even a friend. His impressions are always gentle and don't come with a rushed or hurried spirit.

Cling to him: No matter what may happen in your life make sure you never let go of God. Embrace and love Him with all of your heart, soul, mind and strength. He wants your attention and affection and you show it best by serving with diligence and with fervor.

Put God first in your life today. Arrange whatever you have to do be able to do this. Make sure no person, material thing or anything else takes His place on the throne of your heart.

Pastor Wes Humble, Executive Director of Ministry and Community Relations

April Liberty HealthShare HealthTrac Graduates

May 11th, 2020



Carey Deborah	
Caroll Steve	
Coen Martin	
Cordova Ruben	
Cortina Didier	
Damon Alexis	
Dunn Paula	
Elliott Doug	
Farris Jackie	
Forsyth Virginia	

Garwood Sally	
Gold Sue Ellen	
Gonzalez Alberto	
Goode Elisabeth	
Hoffman David	
Hoover Shari	
Jennings Joseph	
Mathis Laurie	
McElyea Crystal	
Mentgen Tanya	
Napier Kelly	
Neal Lenise	
Nold William	
Owen Mark	
Quinowski Thimas	
Ragan Debra	
Ragazzo Mona	
Slack Carmen	
Strauss Katherine	
Suominen David	
Twal Maher	
Valerio-Dyszkant Rosangela	
Williams Kimberly	