Liberty HealthShare September 2019 Newsletter

As a result of our system outage on September 11th, we are extending our call center hours: Saturday 9am-1pm EST. And the week of Sept. 16, Monday and Tuesday 8:30am to 9:30pm EST to serve our members.







A MESSAGE FROM OUR CEO

You have been constant in your belief in the health sharing model. Through growth, transition, and change, this sharing community...

READ NOW



A GAME CHANGER FOR MEMBERS

People are asking for way to make prescription costs more affordable for all. And Liberty HealthShare has done just that.

READ NOW



HEALTHTRAC GRADUATES

Congratulations to these members who are improving their health by staying committed to their goals.

READ NOW

AUGUST SHAREPOWER LIBERTY HEALTHSHARE

SharePower Medical Received Expenses Shared \$33,354,816 \$47,762,221

*SEE YEAR TO DATE HEALTHSHARING Summary below

HEALTHSHARERX KEY PRIVILEGES

LIBERTY HEALTHSHARE

- Many common medications for only \$5
- Medication refill reminders
- Home delivery through UPS tracking
- Convenient 21-day and 90day supply of medications
- Discounts available at 64,000 pharmacies
- Pharmacy coaching for more savings



HEALTHY AND ACTIVE THIS FALL



BE STILL

He is God! There is nothing too hard for

Him. There is nothing too little for Him to

care about.

In the fall, you can get health benefits from a variety of fun activities that feel nothing like a workout...

READ MORE

READ MORE

FALL ACTIVITIES WAYS TO STAY ACTIVE AND HEALTHY

- Play sports outside
- · Go apple picking
- Take a hike
- Rake leaves
- Fall garden cleanup
- Go on an inexpensive date

PRAYERBOX HAS ARRIVED IN SHAREBOX

:N:

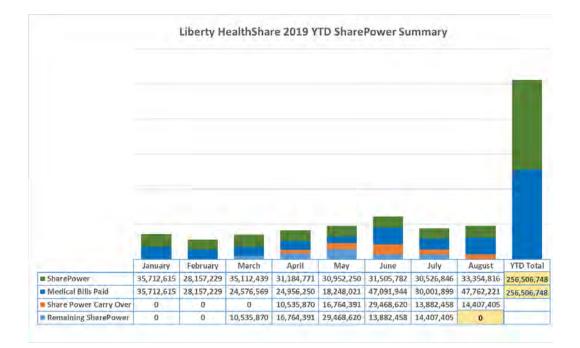
We have a powerful sharing community that prays for one another

VISIT SHAREBOX SHARE A REQUEST, ENCOURAGE AND PRAY FOR ONE ANOTHER

The graph below is a summary of SharePower from January 2019 to present.

March through July reflects the challenges in medical bill sharing as a result of our software transition. All SharePower carryover has been shared as of August and we have shared

\$256,506,748 of medical expenses year to date.



Member Reminder: On the anniversary of your enrollment date, you will be charged a \$75.00 renewal fee in addition to your suggested monthly share amount.

You received this email because you subscribed to our list. You can <u>unsubscribe</u> at any time.

Liberty HealthShare 4845 Fulton Dr. NW, Canton, OH 44708 855-585-4237



A Message from Our CEO

September 13th, 2019



Liberty Members;

I'd like to start by telling you how much I appreciate the Liberty sharing community and that I recognize we wouldn't be where we are without each one of your families. You have been constant in your belief in the health sharing model. Through growth, transition, and change, this sharing community has been consistent in supporting one another and the ministry.

We have made significant strides over the last three months in pushing through the technical problems caused by the software transition in February and March. Many of you are seeing the

results of this as medical needs are shared and some older needs locked in transition have been shared or are being shared this month.

Some of the highlights I want to share are new things and some reminders of what has been implemented:

- In the last two months, the sharing community has contributed \$95 million to medical needs. We have been able to work through the system issues and the great news is that all sharing dollars received in 2019 through August have been shared - \$256 million!
- 2. We are increasing our member advocate staff thirty percent which will decrease wait times and improve member experience.
- 3. We have increased training to two full weeks for new member advocates so they are better able to assist our members.
- 4. We have invested in new phone technology that will greatly increase our call center efficiencies.
- 5. We have identified all medical needs and are sharing those that were caught in the system. A small number of needs that we identified from 2018 and first quarter of 2019 have been shared, or are being shared in September. If you have a medical need from 2018 or First Qtr. 2019 and it is not shared in September, please contact our Member Resolution team at memberresolution@libertyhealthshare.org (mailto:memberresolution@libertyhealthshare.org). This is the quickest route to making us aware of a past need and moving it forward. Again, this is ONLY for needs from 2018 or through March 2019 that you need us to review if it is NOT shared in September
- 6. In September, we expect to share all remaining items in transition through May. If you are waiting for an eligible need from the transition period, this is the month we expect to share into your needs. We also expect to share most all of June and into July, in the month of September.

We continue to answer our members' calls and share medical needs every day! With the help of new IT leadership and additional resources in that department, we have made great progress.

Thank you for being a Liberty member!

Larry

New Prescription Pharmacy Program is a Game Changer

September 12th, 2019



Whether you have a sinus infection or you have a chronic health condition, saving money on medications can be a surprise and a blessing.

As many people know, prescription costs can be high. According to the latest numbers from the Organization for Economic Cooperation and Development, the average person spends about \$1,200 on prescriptions each year. If you have a large family, these healthcare dollars add up fast.

It's extra money that could be going toward home repairs, a family vacation, or your child's college fund. Yet, medication and drug prices continue to rise.

People are asking for way to make prescription costs more affordable for all. And Liberty HealthShare has done just that. We have given our members a way to find the best discounts and savings on prescriptions, nationwide.

HealthShareRX Pharmacy Program is a Game Changer

HealthShareRx, a revolutionary pharmacy program, is available to all Liberty HealthShare members <u>at no extra cost</u>.

This program offers savings on the most used medications. Acute illness medications for emergencies, maintenance medications for chronic health conditions, and over-the-counter medications for common ailments are all included. Additionally, HealthShareRx has partnered with more than 64,000 pharmacies nationwide and has passed these savings on to our members.

Our members receive even more privileges when using their HealthshareRx prescription discount card.

Key Privileges of the HealthShareRx Pharmacy Program

Get the Most Short-Term Prescribed Medications for \$5

If you have an emergency or an illness that requires short-term immediate medication, you can save. Members receive the lowest price at one of the 64,000 pharmacies that have partnered with HealthShareRx on 83 acute medications and can get a 21-day supply of the medicines most commonly prescribed by doctors for only \$5.00.

Savings on Long-Term Maintenance Medications

If you have a condition like diabetes, high blood pressure or another chronic health condition, taking your medication as prescribed by your doctor is important for your health. Our prescription program can help you stay healthier and help put more money in your pocket, with savings on more than 100 maintenance medications. Members can order a 90-day supply and receive home delivery on medications they take on a regular basis \$15, \$30 or \$45

Savings on Over-the-Counter Medications

If you have a headache, allergy or a cold, the HealthShareRx program has the most commonly taken OTC medications saving members on drugs that you use daily.

Liberty HealthShare members also receive these prescription advantages:

• Medication Refill reminders

- Home delivery service with tracking through UPS My Choice
- Medications sourced through American companies
- Pharmacy coaching with experienced, licensed pharmacists who can help you find more savings
- Member education to help members achieve the highest quality of life

How To Get Started:

Liberty HealthShare members will receive a welcome email, along with a membership packet and membership cards, entitling them to HealthShareRx savings and privileges so they can get started saving!

While HealthShareRx replaces the Rx part of SavNet for our members, members will continue to use SavNet for their dental, vision and chiropractic discounts.

Members can learn more about HealthShareRx or find providers in their area by visiting www.HealthShareRx.com. If you are a member and have questions, please send inquiries to info@healthsharerx.com or by calling (888) 519-8188.

August & September Liberty HealthShare HealthTrac Graduates

September 7th, 2019

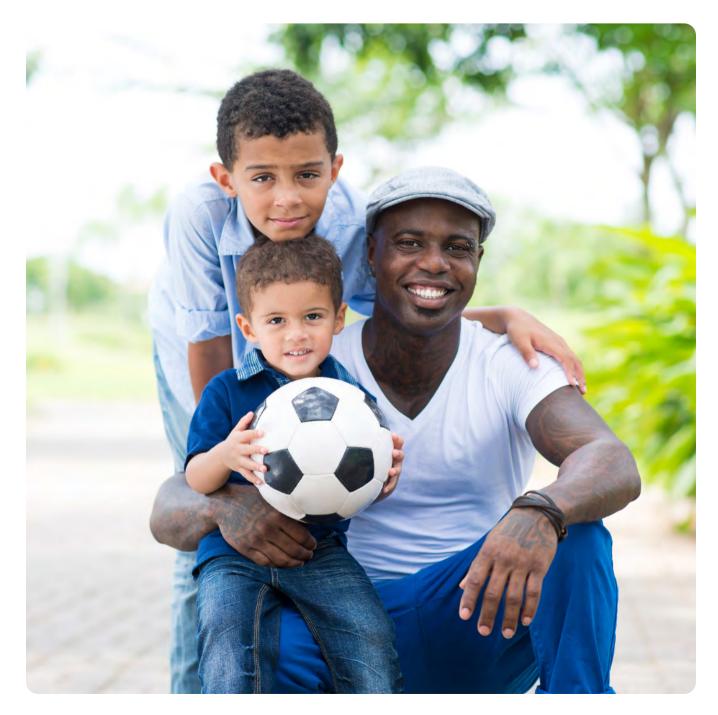
Brown JohnnyBrunker DuganBunting RitaCallister MarcCallister MarcCarroll MichaelClayton JimCurley PatrickDaton KyleDavidson ChristopherDunnington JeffFernandez MartyFernandez IsabelFischer KyleFacewalt MargoGudyin Harry [Ed]Goodwin Harry [Ed]Hall R R	
Bunting Rita Callister Marc Carroll Michael Clayton Jim Clayton Jim Curley Patrick Dalton Kyle Davidson Christopher Davidson Christopher Dunnington Jeff Fernandez Marty Fernandez Isabel Fischer Kyle Fischer Kyle Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed]	Brown Johnny
Callister Marc Carroll Michael Clayton Jim Clayton Jim Curley Patrick Curley Patrick Dalton Kyle Davidson Christopher Davidson Christopher Dunnington Jeff Fernandez Marty Fernandez Isabel Fischer Kyle Fischer Kyle Fischer Kyle George Cynthia George Cynthia Gover Kris	Brunker Dugan
Carroll Michael Clayton Jim Clayton Jim Curley Patrick Dalton Kyle Dation Kyle Davidson Christopher Davidson Christopher Christopher Dunnington Jeff Fernandez Marty Fernandez Isabel Fernandez Isabel Fischer Kyle Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed] Gover Kris	Bunting Rita
Clayton Jim Curley Patrick Dalton Kyle Davidson Christopher Dunnington Jeff Fernandez Marty Fernandez Isabel Fischer Kyle Fischer Kyle George Cynthia Goodwin Harry [Ed]	Callister Marc
Curley Patrick Dalton Kyle Davidson Christopher Dunnington Jeff Fernandez Marty Fernandez Isabel Fischer Kyle Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed]	Carroll Michael
Dalton KyleDavidson ChristopherDunnington JeffFernandez MartyFernandez IsabelFischer KyleFreewalt MargoFulkerson EsperanzaGeorge CynthiaGoodwin Harry [Ed]Gover Kris	Clayton Jim
Davidson ChristopherDunnington JeffFernandez MartyFernandez IsabelFischer KyleFreewalt MargoFulkerson EsperanzaGeorge CynthiaGoodwin Harry [Ed]Gover Kris	Curley Patrick
Dunnington JeffFernandez MartyFernandez IsabelFischer KyleFreewalt MargoFulkerson EsperanzaGeorge CynthiaGoodwin Harry [Ed]Gover Kris	Dalton Kyle
Fernandez Marty Fernandez Isabel Fischer Kyle Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed]	Davidson Christopher
Fernandez Isabel Fischer Kyle Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed]	Dunnington Jeff
Fischer Kyle Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed]	Fernandez Marty
Freewalt Margo Fulkerson Esperanza George Cynthia Goodwin Harry [Ed]	Fernandez Isabel
Fulkerson EsperanzaGeorge CynthiaGoodwin Harry [Ed]Gover Kris	Fischer Kyle
George Cynthia Goodwin Harry [Ed] Gover Kris	Freewalt Margo
Goodwin Harry [Ed] Gover Kris	Fulkerson Esperanza
Gover Kris	George Cynthia
	Goodwin Harry [Ed]
Hall R R	Gover Kris
	Hall R R

Hicks Sandra	
Higgins Therese	
Horner Brian	
Hughes Roselynn	
Johnson Alicia	
Jones Robert	
Keys Korena	
Klipp Molly	
Kurilla Peggy	
MacRae Karen	
Maurer Martin	
Orr Jacqueline	
Pester Oscar	
Pickens Kelly	
Rebbec Marty	
Rebbec Martin	
Rodgerson Karen	
Salem Fadi	
Salem Fadi	
Schwartz Myron	
Scott Debbie	
Simon Stephen	
Sisk Leonard	
Southard Nancy	
Southard Robert	
Southcombe Connie	

Spacek Melanie
Stewart Kelley Consent
Terry Kim
Thrasher James
Trimble Leslie Bell
Umthun Terri
Underwood Kim
Walker Pamela
Wanner Danene
Waterman Jill
Weaver Julie
Wilson Maria
Wolfe Jason

Ways to Stay Healthy and Active this Fall

September 11th, 2019



Fall is a great time to recommit to your fitness goals by getting outside!

You can get health benefits from a variety of fall activities that feel nothing like a workout, and it's cool enough that you won't and yourself wanting to go inside to and the air conditioning during an activity.

Here are a few ways you and your family can stay active even when the leaves fall and temperatures begin drop:

• Play sports outside!

Grab some friends or family members and get a game of tag, soccer, or football going. You'll be so busy having fun that you won't even notice you're positively impacting your health and setting a great example for the kids in your life.

• Go apple picking.

If you can walk through the orchard rather than taking the hayride or other transportation, do it! You'll burn calories, and have fun while trying to not eat an apple while you're walking.

• Take a hike.

A quick search on the website of the <u>National Park Service</u> or your state's Department of Natural Resources will yield a long list of places to explore your area's natural beauty. If you have little ones, bring them along and help them collect leaves of different colors, have them describe the different trees they see, and try to spot deer, geese, or other wildlife.

• Rake leaves!

Raking leaves might be a chore, but it's all a matter of perspective. Each season has its own tasks that must be done, but a grateful attitude makes it easier. If you have kids who enjoy jumping in leaf piles, join in the fun, and get some great photos while you're at it!

• Fall garden cleanup

Getting your garden bed cleaned up after the summer may also feel like a chore, but it's a great way to manage stress. Just like demolition work, ripping out plants and turning some soil can't help but make you feel like you've accomplished something. When you're done, you can even plant garlic for next year! The Old Farmer's Almanac has some helpful <u>instructions</u>.

Go on an inexpensive date.

Take a hot drink to go and walk somewhere you can take in nature and enjoy the sights, sounds, and smells of autumn. Reflect on the past year and make plans for the coming holiday season.

• If you love fall but don't really have that season where you live, now is a great time to take a road trip to cooler temps and try one of these ideas when you get there!'

You'll always be glad you got outside!

Be Still and Know

September 11th, 2019

Psalm 46:10 NLT

Be still and know that I am God!



"Be still." It sounds like something a parent would say to a child, prompted because of talking too much, talking out of turn or even disrespectfully. This command comes from God the Father and I don't believe it is spoken in discipline as much as an encouragement. It is as though He is saying, "You want to know me? Do you want to understand who I am? Then be quiet for a while and listen to my voice."

What happens when we are still? This verse says we will come to know that He is God. That means we may have our breath taken away when we really internalize this fact. He is God! There is nothing too hard for Him.

There is nothing too little for Him to care about. There are no secrets that He is not aware of. He knows you better than you know yourself and now here is your chance to know Him.

Be still.

Wes Humble is the Executive Director of Ministry and Community Relations at Liberty HealthShare. He has thirty years of experience in various pastoral and editorial roles, and he is passionate about responding to the spiritual needs of both ministry staff and members.