

Top 10 Questions to Ask Your Dentist

- How often should I have a dental checkup? Twice a year? More?

- How often should I brush my teeth? Twice a day? More?

- What kind of floss should I use and how often?
Waxed? Unwaxed? Once a day?

- What type of toothbrush? Soft bristles?
Do you recommend electronic or manual?

- What's the best toothpaste for me? Regular? For sensitive teeth?

- Do bleaching products work?
Professional whitening vs. at-home products?

- What are dental sealants? Do I need them? How long do they last?

- How safe are X-rays? Should I be concerned about radiation exposure?

- What can I do to improve my dental health?
Should I make adjustments?

- What is my overall dental status? Any concerns?

